



GIRTON

Parish News

November 2022

Girton's glorious autumnal colours

Concerns over changes to village bus service
— see page 7



Girton Social Club

48 Cambridge Road, Girton, CB3 0PJ. Tel: 01223 276890

Email: Girtonsocialclub@gmail.com

We are a family social club situated in the village of Girton.

We hold various events throughout each month including:

Saturday 15th October, 8.45pm - Play Your Cards Right

Saturday 5th November, 12 noon until late - Charity Event in aid of Parkinson's -
pool competition 12 noon with disco and live music during the evening

Fortnightly Bingo on Fridays

We have a modern pool table - 50p per game (free Wednesday evening),
3 dartboards, skittles and a juke box updated twice weekly.

Thank you to the new members who joined us during August and September.

We now have Free wi-fi and BT Sports

Children are welcome Dogs are welcome on a lead

Opening Times

Monday to Thursday: 7.30pm to 11pm, Friday: 12 to 3pm, 7.30 to 11pm,

Saturday: 12pm to late, Sunday: 12pm to 3pm

Annual Membership: Adults £10, Senior Citizens £3.50, Armed Forces £1



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Publication Information

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Copy should be submitted to the Editor in electronic form, with any photos, graphics or logos submitted as separate attachments, not embedded in the file. Questions about submission should be addressed to the Editor.

The editorial team reserves the right to edit, accept or reject any material submitted for publication. The views expressed within the magazine are those of the contributors and do not necessarily reflect those of the editorial team.

A copy of the magazine is available on the Girton website at www.girton-cambs.org.uk, where you may also find expanded versions of selected items.

Advertisements

Prices for placing advertisements in the *Girton Parish News*, in black-and-white or colour, can be had on application to the Advertising Manager.

The advertising policy of the *Girton Parish News* aims to promote enterprises and activities from within Girton. The space available for advertisements is limited, and preference is given to businesses founded, situated, controlled and operated within Girton. The *Girton Parish News* reserves the right to decline to publish any advertisement which the Advertising Manager considers not to meet the objectives of this policy. Inclusion of an advertisement does not imply endorsement by the *Girton Parish News* of the product or service advertised.

The *Girton Parish News* is produced and distributed entirely by volunteers from the village, including the following:

Typesetters: Sam Clift, Yan Gao, Andrew Hawkes, Claire Lightley, Bill Rothwell

Distribution Manager: Rosemary Jones, tel. 276491

Editors and Proofreaders: Chris Bowler, Wendy de Horsey, Mike Fay, Marion Fisher, John Gibson, Alison Giles, Carol Huxley, Michelle Jones, Jenny Knights, Patsy Smith, Matthew Vernon

Puzzle Corner: Sian Franklin

Webmaster: Andrew Haylett

and many others. If you are interested in becoming involved in any capacity, please contact the Editor.

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Thank you, Girton. Again!

Back in July we dedicated the front page to your amazing fundraising efforts after you, our readers, dug deep to raise more than £4,000 to help safe-guard the future of the *Girton Parish News*.

We are delighted to report that the final fundraising figure is £5,287.85. An incredible amount that puts the magazine on a far more stable financial footing.

Indeed, last month we were able to expand the size of the magazine to 36-pages so that we were able to cover the death of the Queen in addition to all the other news and events going on in the village. Previously we may not have been able to take that decision to increase the pages and therefore costs.

The *Girton Parish News* provides a unique insight into what goes on in our village and we are grateful that with your valued support we can continue to document life in Girton for years to come.

The Editor



Welcome to new Assistant Editor

We are delighted to welcome Michelle Jones to the *Girton Parish News* team as Assistant Editor.

Michelle has worked in Girton for 12 years. She works closely with Age UK to help elderly residents remain independent and continue

to live in their own home.

After the experience of a global pandemic, and numerous lockdowns, Michelle decided to learn a new skill and graduated from the College of Media and Publishing, with a distinction in proofreading and copy editing.

She is now keen to put her new skills to good use helping the *Girton Parish News*.

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Copy date for December issue: Wed. 16 Nov. Issue date: Sat. 3 Dec. Covers 3 Dec - 7 Jan 2023.

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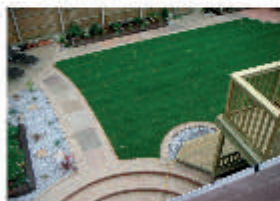
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Girton Parish Council

This month we wish to say a big thank you to Angela Blackburn and Marcelo de Lima who retired from council over the last months. Their input has been very much appreciated. At our 12th October meeting we welcomed Julie Dashwood back to the team with a unanimous vote from all our councillors.

There are two further vacancies on council; we would be very pleased to hear from people of all ages in the village who may be interested in joining us.

Working together to reduce speed

Following the tragic death of Isla Cochrane in Oakington Road the chair of this council has been contacted by the chair of Oakington and Westwick Council about the possibility of a joint approach to county for a reduced speed limit.

An update on street lighting

In October's edition of *Girton Parish News*, we mentioned ownership of SCDC's Girton street lighting. Since then more information has come to light, and we are working with SCDC to identify responsibilities for these lights. Thank you to one of our residents for highlighting the need for more information.

September Full Council Meeting headlines

Our Full Council Meeting originally scheduled for 14th September was rescheduled due to the death of Queen Elizabeth II. Our meeting began with two minutes silence both for the Queen and in remembrance of Isla Cochrane.

- Girton Parish Council approved the new model Code of Conduct and signed up for the NALC/SLCC Civility & Respect Pledge along with another 463 local Councils to date.
- Girton Parish Council to document terms and conditions for all recreation ground users.
- Cllr Edna Murphy presented details of Cambridgeshire County Council's revised Local Highways Initiative soon to be available for parish councils to apply.
- Girton Parish Council approved a change to GTC Articles of Association by decreasing number of GPC Trustees from five trustees to two.
- Our committees are now back up and running post COVID and their focus is on completing their project list and resulting budget requirements for 2023/2024.
- Work to prepare the Cricket and Football pitches after this year's extreme weather conditions was approved and is now underway.

October Full Council Meeting headlines

- Council was pleased to welcome 8 members of the public to the meeting. A member of the British Horse Society requested an update about a historic discussion with Cambridgeshire County Council to provide an offroad link from Manor Farm Road to the bridleway at Oakington Road Bridge. Cllr Edna Murphy will look into this initiative following public input and detail provided by Cllr Williams in May.
- Cllr Richard Stobart of SCDC gave an update on initiation of a Girton Neighbourhood Plan. He wishes us every success with our plans.

- The Council was only made aware of the drastic changes to the 5 and 6 bus services when the new timetables were published and was not consulted. We agreed to write to Stagecoach, our County and District Councillors and our MP, expressing our concern and requesting talks to seek ways of creating a viable timetable for our residents.
- Council approved a donation for a wreath to be laid on Remembrance Sunday. Thank you to Wendy Ripley who is leading the British Legion Fund-raising in Girton. Please look out for British Legion boxes available in local businesses.
- Signage approved to highlight that Wellbrook Way woodland is the property of and maintained by the Council. This is to prevent some of the vandalism in the woodland highlighted by Girton residents.
- Town End Close hedge cutting and the three-year hedge cutting contract for Girton Recreation Ground was approved.

The Environment Committee had a stimulating workshop on 5 October to discuss priorities, in which we tackled tree-planting, a neighbourhood plan for Girton, village benches, dog bins, litter picking, expanding the graveyard, and highway issues among others.

Girton Parish Council wants to hear from you!

We are aware that some of the benches in the village are in a very poor state of repair and they should soon be replaced. However, there are no doubt other sites where a bench might be appropriate so we would be grateful for suggestions from residents. In particular none of the various out-bound bus stops has either bench or bus shelter, but we do not know how many people actually use these stops to wait for a bus. There has also been a suggestion that there should be a shelter at the in-bound stop opposite the allotments. Please let us know your views.

We are also about to start the next round of the County Council's Local Highway Initiative funding bids. These are intended to prioritise aspects such as safety, active travel, and pedestrian improvement – but do not include basics such as the repair of poor surfaces! Possibilities might include double-yellow lines and safe crossings of the main road. A separate project will be looking at 20mph zones. Again, please contribute your ideas.

We know that some residents have requested more dog bins (which are now being provided as ordinary litter bins). Each new bin would cost about £500, and the same again per annum for emptying and the District Council has to approve locations. If we were to apply for more bins, where would you locate them?

For more details on our headlines in *Girton Parish News*, please do review our Parish Council Agendas and Minutes available on our Community Website: <https://www.girton-cambs.org.uk/girton-parish-council-2/>.

Girton Parish Clerk

01223 237173, clerk@girton-pc.gov.uk

See full list of Councillors on page 30.

From Our District Councillors

Making Connections: A City Access Public Consultation

On Monday, 17 October, the Greater Cambridge Partnership launched the 'Making Connections' consultation. Individuals and communities can have their say on proposals for more reliable bus services and safer cycling through the introduction of a Sustainable Travel Zone.



Have your say

You can complete the survey online or contact the GCP by post, phone, email, or social media, from now until midday on Friday 23 December. Find out more about the ways to respond online: www.gretercambridge.org.uk/mc-2022. There is a series of drop-in and online events. GCP has also offered to meet groups of residents to answer questions and discuss possibilities.



But in the short term we have some difficulties with bus services ...

Stagecoach cuts to local services take effect from November 1. The village will have no evening bus service beyond Girton Corner. The No. 5 bus does not follow the No. 6 bus route to Oakington and now provides only a service to Girton Corner. The last No. 6 bus, out of Emmanuel Street, departs at 4.50pm. Local councillors have all registered their objections. To complain directly to Stagecoach, please email their Business Development Director david.boden@stagecoachbus.com.

Please also keep us (District Councillors) up to date. We are reporting cases of hardship directly to the combined authority.



Cost of Living: Support and Information in one place - reminder

South Cambridgeshire District Council (SCDC) has now created a 'Cost of Living' webpage that includes all known support information in one place. Please visit and have a read through: <https://www.scambs.gov.uk/cost-of-living-support/>.

Please contact us or the Parish Council if you do not have access to a computer. Alternatively, you can use the computers at the library.



Update on Ukraine Refugees

Many of the guests from Ukraine are nearing the end of their first six-month hosting period. Not all host families wish to continue, so we are looking for more volunteers. For more information contact us on HFULiaison@scambs.gov.uk.



People who are hosts to Ukrainian guests and/or have an interest in SCDC's work in this area can sign up for updates by emailing duty.communities@scambs.gov.uk.



"Visit South Cambs" celebrates its first birthday

SCDC's "Visit South Cambs" tourism directory (<https://visitsouthcambs.co.uk/>) is now one year old and if you haven't visited the site yet, it's worthwhile doing so! During the year, 200 local venues have enjoyed free listings, and 230 local events have been promoted. Share what you love most about South Cambridgeshire using #WeLoveSouthCambs. The idea is to build-up recommendations!

Bin Lorry Fire

Discarded batteries put in the black bin were the cause of a recent fire in a bin lorry. The quick-thinking refuse team followed their training, and the fire was extinguished. Please discard your old batteries at supermarket recycling bins for batteries, recycling centres (Milton is close by), or in a clear bag attached to your blue bin.

If you have any questions, please let us know.



Cllr Corinne Garvie,
mobile: 07780 932267,
email cllr.garvie@scambs.gov.uk



Cllr Richard Stobart,
mobile: 07950 934793,
email: cllr.stobart@scambs.gov.uk

Girton Parish Council

Parish Councillor Vacancies

2 vacancies to be filled by co-option

At Girton Parish Council we have some interesting and exciting projects going on and we need your help.

Every week, your families are coming to Girton Recreation ground as the Council and our Staff team support many hours of Sport and Recreation, promoting health and well-being in our community. We are looking into improvements for Nature and Biodiversity and reviewing our budget to provide the very best of services for your family.

At this challenging time for our communities, you could make a real difference.

We need Councillors who can see the opportunity for improvement and give their time to make Girton a great place to live, work and play.

Joining the Council is easy, just contact Yvonne Murray, clerk@girton-pc.gov.uk, telephone 01 223 237173. Also, speak to any Councillors you know who can give you more details.

Applicants must fulfil the relevant qualification criteria e.g. be a citizen of the Commonwealth, Republic of Ireland or another Member State of the European Union, be 18, live or work in the parish etc. Please contact the Clerk for further information.

Hope to hear from you.

Yvonne Murray, Girton Parish Council Clerk



Girton residents “bewildered and horrified” by changes to village bus service

Village bus users have been quick to contact the Girton Parish News to express their dismay at the latest changes to the Citi5 and Citi6 services by Stagecoach.

Although the Citi5 service will continue to stop at Girton Corner, it will not serve the rest of the village or Oakington, in the changes which came into force on October 31.

Meanwhile, the new Citi6 timetable means the last bus departs Cambridge at 16:50 - presenting problems for Girton residents working in the city centre and looking to get a bus home in the evening.

Rosemary Sykes, who is in her 60s, lives in Northfield and suffers from arthritis, works until 17:35 at a city centre shop and now faces a one-and-a-half mile walk in the dark from Girton Corner to get home. She told the Girton Parish News: “I am bewildered and horrified by the new Citi6 timetable which is, disingenuously being presented as an ‘increased’ service, deliberately overlooking the fact that Citi5 services will no longer divert through the village.

“I am struggling with the logic of Stagecoach ending the service from Cambridge at 16.50. Is it because they are short of drivers? Would it really be too much for Stagecoach to lay on a 17.50 service?”

Another Girton resident said: “It seems remarkable that Stagecoach would stop running buses some time before shops close. I also struggle to see why nearby villages have so much better a service, for example Milton with a 30 minute service until midnight, and Histon with an hourly service from 7-11pm.

“It’s especially bizarre that Stagecoach can run a 17:20 and 18:20 service to Girton from Cambridge but only on Sundays.”

Although the Stagecoach website states there will be an enhanced frequency of the Citi6 service, in reality this means a 30 minute service at peak times, and an hourly service at off peak times.

To Cambridge, the first bus leaves at 06:32 from Girton Corner and arrives in Cambridge at 06:45. Buses then run half-hourly until 09:47 and then hourly until 15:17, 15:47, 16:15 and 16:47. The 16:47 is the last bus to Cambridge from Oakington on the timetable.

From Cambridge the first bus leaves at 6:50, arriving at Girton Corner at 07:04. As previously mentioned, the last bus from Cambridge to Girton/Oakington is at 16:50.

As detailed in the monthly Parish Council report on page 5, the council revealed they were only made aware of the changes to the Citi5 and Citi6 services when the new timetables were published and were not

consulted. The council has now agreed to write to Stagecoach, county and district councillors, and South Cambridgeshire MP Anthony Browne, expressing concern and requesting talks to seek ways of creating a viable timetable for residents.

There was an expectation among local government leaders that Stagecoach would not cut any routes, at least in the short term, after receiving a Bus Recovery Grant from central government. A tender process is now underway with a range of bus operators to try and find a new operator for as many of the 18 axed routes as possible.

Stagecoach Managing Director Darren Roe said the changes were being made because the routes had become unprofitable due to low passenger numbers and rising fuel costs.

Stagecoach were contacted for further comment but have not responded.



Update on village kebab van

A kebab van parked outside St Andrew's Church for a number of days now has a new place to park when not operating. “Brothers” kebab van now parks on

the side of the lane that leads to the MUGA and the rear of Girton Glebe School.

A spokesperson for the Parish Council said they were continuing to liaise with the licensing team at SCDC and the kebab van owner over the location.

Girton Glebe Governor Vacancy

We are looking for volunteers to become part of the local governing body at Girton Glebe Primary School.

This is a rare opportunity to join this rapidly improving school, which has a clear focus on providing high quality teaching and learning.

Our school ethos is the foundation for all our work. We focus on creating a stimulating and supportive learning environment, where each pupil can enjoy their education, develop, and flourish.

Ideal volunteers would have experience in HR or data analysis, particularly within the education sector. We would also value someone who has previous experience and knowledge of promoting diversity and inclusion.

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Colin Black (Chair of Governors)
by email at CBlack@gg.tmet.org.uk.



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Music at Girton College

Rachel Hill (Singer/Songwriter)

Friday 4 November at 8.00pm (until 9.00pm)
Chapel, Girton College, Cambridge.

Alumna Rachel Hill returns to Girton to present music from her upcoming folk-inspired album, self-accompanied on guitar, keyboard, and loop-pedal.

Admission free: retiring collection.

Freshers' Concert

Sunday 6 November at 2.30pm (until 3.30pm)
Stanley library, Girton College, Cambridge.

A wide range of music organised by and featuring the newest students at Girton College.

Admission free: retiring collection.

Nina Savicevic (Piano)

Sunday 13 November at 2.30pm (until 3.30pm)
Stanley library, Girton College, Cambridge.

Upcoming pianist Nina Savicevic, a prize winner at national and international competitions and currently a student at the Royal Northern College of Music, plays Schubert's Sonata No. 14 in A minor and works by Liszt and Debussy.

Admission free: retiring collection.

Dvorak's Piano Quintet, Op. 81

Sunday 20 November at 2.30pm (until 3.20pm)
Stanley library, Girton College, Cambridge.

Members of Girton College and friends – Charlotte Howdle and Emma Scott (violins), Rob Jones (viola), Seth Collin (cello), and Martin Ennis (piano), combine forces to perform Antonín Dvořák's celebrated and much-loved Piano Quintet, Op. 81.

Admission free: retiring collection.

Advent Carol Service

Sunday 27 November at 6.00pm (until 7.15pm)
Chapel, Girton College, Cambridge.

Please note that this is a service rather than a concert. All members of the public are welcome, though you are advised to arrive early to secure a seat.

Baroque Sonatas and Trios


Sunday 4 December at 2.30pm (until 3.30pm)
Chapel, Girton College, Cambridge.

Alice Rivers (oboe), Emma Scott (violin), Max Todes (cello) and Martin Ennis (harpsichord and organ) perform works by Handel, Purcell, and others.


Admission free: retiring collection.



Come join us for an evening of carol singing from St Andrew's Church, along with a set dinner to celebrate Christmas



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- Jill - Histon



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Girton WI

Girton WI were delighted to welcome Jason Middleton to our October meeting, to give his talk "Pearl: A famous gemstone". Jason took us on a

fascinating journey through the types of pearl available today (from the rarest and most expensive to the most common). He explained how pearls are formed naturally and the risks that traditional pearl divers take, then outlined the history and the science behind the production of cultured pearls. His slides whisked us around the world, from Australia to Japan to Scotland, from commercial pearl farms to family run operations, to the bustling pearl markets in Hong Kong. Best of all, he had samples for us to handle, ranging from pearl bracelets to longer strings of pearls, to the shimmering shells of pearl producing molluscs. It was a brilliant talk.

We look forward to our November craft evening, and our Christmas party, as well as the fascinating speakers who will be with us in 2023 (with topics ranging from the history of the modern hospice movement and edible and drinkable plants).

We meet on the first Wednesday of the month at the William Collyn Community Centre at 7.30pm. Attendance at up to three WI meetings as a visitor is free, and there is no obligation to join.

For more information about Girton WI, or about the daytime Knit and Natter and Jigsaw clubs, or the WI Nationally, please contact: girtonwi@gmail.com or girtonwisecretary@gmail.com.

Whether you are a member, a past member, or someone who has never tried the WI before, I look forward to seeing you and giving you a warm welcome.

Hannah Wyborn
Girton WI President

Earlybirds WI

The Earlybirds had so enjoyed Helen E Field's first talk earlier this year that we invited her back and on 14 October she came to tell us about her month in Texas. She and her husband were thinking of buying a second home from where it might be possible to explore North America, Canada, Mexico, and South America. Texas seemed to be in the right place.

They began their trip in Austin, before exploring further afield. They found the people to be open and honest, ready to talk about anything, proud of their State, and their independence, and very hospitable. Everything was huge – including the hire car. They experienced deserts, where they came across a church in the middle of nowhere, and where people can still go to get married. In Dallas a snowstorm kept them confined to their hotel

room. They visited a store that sold nothing but cowboy boots, thousands on display, and ranging from 30-dollar boots to ones made from crocodile leather and studded with rhinestones. They saw rodeo shows and barrel racing, bathed in hot springs near the Mexican border, and saw the spot from which JFK was killed.

Helen says the people she met were happy and joyful. From cities to small towns, she and her husband were welcomed, from the saloon bars to the church services. She fell in love with the Lone Star State. Maybe we should add it to our list!

The Earlybirds meet at the CFWI office in Girton on the second Friday each month at 10.30am. We will be meeting on 11 November for Christmas Crafts. Then on 9 December we have a talk on 'Wellbeing,' followed by a bring and share lunch. Do join us.

For more information email our secretary
k.m.richardson.1157@gmail.com

Trish Peroni



Girton Poppy Appeal 2022

The dates for the Annual Royal British Legion Poppy Appeal 2022 are between 29 October and 12 November.

There are no plans to conduct house to house collections this year, however, traditional paper Poppies are available during this time from several locations throughout Girton, including:

BP Garage, Girton Co-op, Peter Graves, GP Surgery, The George, The Old Crown, Girton Golf Club, Girton Social Club.

There is a stand in Sainsbury's, Eddington where additional items are available including 2022 Poppy lapel pins, wooden crosses, Poppy reflectors, snap rulers, bracelets and more. There are still a few limited-edition lapel pins available to mark the Queen's Platinum Jubilee and the 40th Anniversary of the Falklands conflict.

All profits benefit the considerable work of the Royal British Legion in supporting the Armed Forces community.

All items are also available from your local Poppy Appeal Organiser:
Wendy Ripley, mobile: 07885190597
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I'm writing on Monday 17th October. The last few days have been pleasantly sunny ... an Indian summer? There was heavy rain last night, which was welcome. After the summer drought, the soil is still dry not far below the surface.

Plenty of members are still working hard, in some cases working to salvage results from a difficult, for many a disappointing, season. It is now time to gather in crops such as squashes and tomatoes before frosts spoil them. Speaking of tomatoes, there was a benefit arising from the long drought and heatwave: that horrible airborne virus, blight, thrives in damp humid conditions. As far as I know, there was no blight bringing decay to tomato and potato greenery and fruits this year.

For those members who do not want a break from their plots over the winter, there is a wide range of vegetables that can be tended and harvested over the coming months. In most cases, the work of sowing and planting needs to have been done well before winter sets in. But then, onion and garlic sets will establish their root systems; broccoli, spring cabbages, kale, leeks, parsnips will stand over winter. Plucking of Brussels sprouts for the Christmas lunch is a yuletide ritual. Turnips can make a hearty gratin. A sowing of peas and broad beans will provide a harvest weeks earlier than spring-sown seed.

I was surprised to read on the internet that oriental salad leaves can be sown now and will survive all but the hardest frost. I am trying an experiment with lettuces. Mid-September I sowed Little Gem in the greenhouse. On the very evening of my sowing, Monty Don said on Gardeners' World "it's now too late for salad crops". Well, I have 39 thriving plants and will plant them into the greenhouse bed and troughs. If it works, I'll send a video clip to Monty.

So winter need not be a time of taking a 'sabbatical' from the allotment. My guess is that members will be divided into those who work hard throughout the year, and those who take a break from allotment work for a few weeks. Spring and a re-start will arrive in no time. And over the next few weeks, we'll be enjoying studying our seed packets as our orders start to arrive, and wondering why we ordered quite so many.

The allotment site in the middle of Girton is a place of bucolic enjoyment, a place of freely undertaken labours, a place yielding healthy food. But in making all that possible, there has to be efficient organisation. There is a responsibility on the Society to our landlords, the

Town Charity and the Church, to manage the site well. On this 'business' side, the Society held its AGM early this month. There were upbeat reports from the officers – the Chairperson, the Site Manager, the Secretary, the (plots) Letting Officer and the Treasurer. Such is the popularity of allotmenting these days that there are no vacant plots and a waiting list of 30. Work life, removals from the area, health issues etc. led to a turnover of 15 plots during the year. The site has 124 plots and the Society 135 members (for the mathematical perfectionists, the discrepancy results from some shared plots, and some non-plot-holding members. We members owe a debt of gratitude to the committee for managing the business side and organising working groups for maintaining the site – keeping the site in good shape, servicing the pumps, gates, wheelbarrows, watering cans; pruning the communal trees; writing the occasional letter to members whose plots get into bad order. (Note to the committee: that is not rampant uncontrolled weed on my plot. It is green manure, field mustard!)

Graham Jones
Girton Allotment Society



The Mitten Tree is back!

We are happy to announce that St Andrew's Church is again sponsoring the Mitten Tree Project. Last year, you gave 195 items of newly knitted, and purchased clothing, to Jimmy's Cambridge and guests there were very happy to receive them. We are grateful for your generosity. This year, we are asking for donations of newly knitted, or purchased, socks, hats, gloves/mittens. Also, we are requesting donations of new socks, hats, gloves/mittens, and scarves for children. We will give them to a children's charity called GrowKids Cambridge. The Mitten Tree will be up and ready to receive your donations on 7 November. If you are able, please come and support this opportunity for sharing. All you must do is hang your items of clothing on the tree whenever the Church is open (usually 9am to 4pm). Towards the end of December, we shall collect the donated items and take them to Jimmy's and GrowKids.

Many thanks for your kind generosity. It is very much appreciated!

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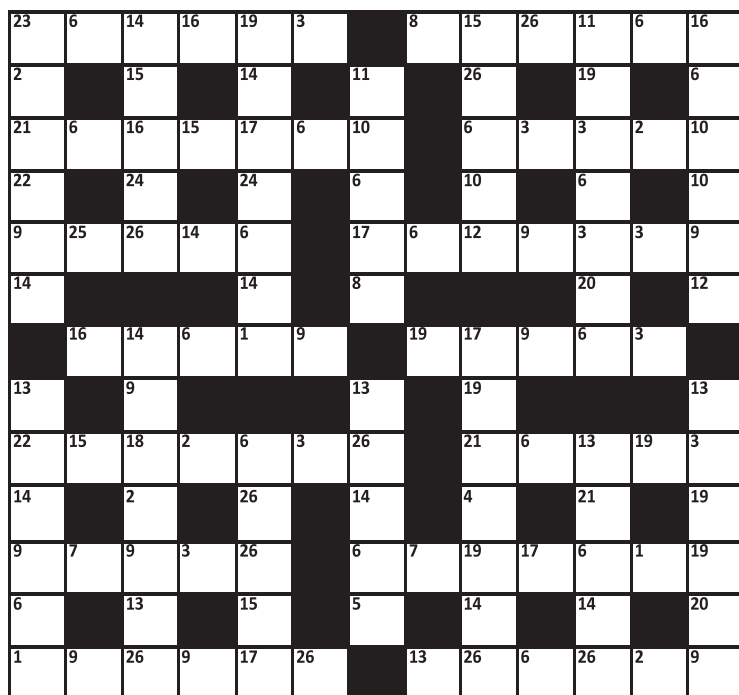
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puzzle corner



CLUES	
A	1
B	2
C	3
D	4
E	5
F	6
G	7
H	8
I	9
J	10
K	11
L	12
M	13
N	14
O	15
P	16
Q	17
R	18
S	19
T	20
U	21
V	22
W	23
X	24
Y	25
Z	26

CODEWORDS

Each number 1–26 represents a different letter of the alphabet. Can you work out which is which? Use your word skills and the clues included. Note that Codewords can include names or well-known phrases.

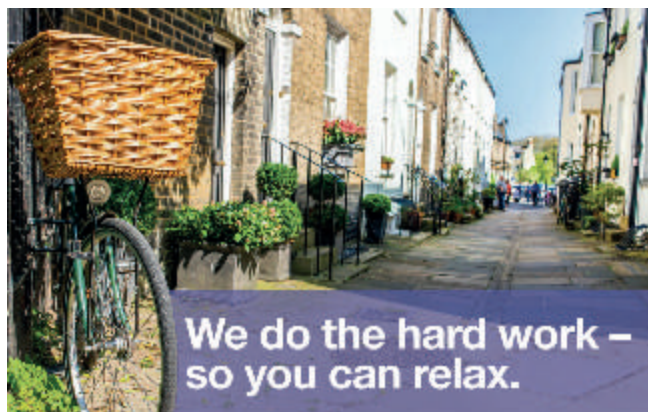
The solution is on page 28.

WORDSEARCH – Guy Fawkes Night 2022!

Can you find all these words in the grid? They can read left to right, right to left, up or down or diagonally. Tick them off as you go.

E	M	C	P	N	O	T	L	O	B	M	I	K
E	S	T	A	N	D	A	R	D	E	R	C	S
F	E	C	W	N	B	L	U	E	M	O	E	L
F	K	O	I	Z	D	O	T	S	A	M	L	E
O	W	S	Z	N	L	L	N	U	L	A	E	E
T	A	I	E	C	H	A	E	F	F	N	N	H
A	F	L	K	A	P	C	V	R	I	I	I	W
C	O	V	A	S	R	T	E	R	M	R	P	R
K	X	E	C	E	E	T	E	T	Q	P	E	E
C	N	R	G	K	A	H	D	L	O	G	N	D
A	I	N	C	W	T	R	O	P	E	R	N	W
L	A	O	I	A	N	E	E	R	G	U	Y	O
B	R	O	C	K	S	E	O	T	A	T	O	P

AAH	FLAME	POTATOES	WHEELS
BANGER	FOX	POWDER	WIZ
BLACKCAT	FUSE	PYROTECHNICS	WOW
BLUE	GOLD	RAIN	
BONFIRE	GREEN	RED	
BROCKS	GUY	REPORT	
CAKE	ICE	ROCKET	
CANDLE	KIMBOLTON	ROMAN	
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CLOUD	MINE	SNAPS	
EVENT	PENNY	STANDARD	
FAWKES	PIN	TOFFEE	
FIZZ	POP	WATERFALL	



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Lessons about mental health learnt from our physical health

Lying flat down on the pavement, arm jutting out, handbag tossed to one side, the pain was excruciating, but I was far more upset by four passers-by who neither stopped to help, or even to ask if I was ok... In this instance, my signs and symptoms were blatantly obvious. With mental ill-health, the signs and symptoms are not always as obvious or understood.

The shock of my fall had eased but the pain had kicked in. And the very strong pain medication is not an option, it's a necessity. When someone is diagnosed with a mental health condition, they may be reluctant to take prescribed medication.

I had to inform a total of 14 people that I won't be working next week, but what struck me was (1) how simple it was to explain about the broken arm and the expected recovery, and (2) how understanding everyone was, many people describing their own broken limb experiences.

Evidence shows that for mental health conditions, many people don't explain or share their true reason for being absent from work.

My family have learnt to predict what I may struggle with, from putting on socks to opening a jar, they've started putting adaptations in place. I've also had to articulate what I need when it's been less obvious. When someone has a diagnosis of a mental health condition, there's no need to predict what they might find helpful, the best approach is to ask the person.

I've been very low and less able to see things in a positive light since my accident. I can rationalise this as a reaction to my physical pain, and as a side effect of my medication. These are the emotional and mental signs of a physical issue. Sometimes it's the other way round and the physical signs are an indicator of how we're feeling.

It could be worse... At least you haven't... Thank goodness you only... With good intentions, these phrases are often said relating to a physical injury/illness, or with a mental health condition. The fact is what someone is experiencing is real, important, and consuming for them. Being allowed to feel how you're feeling is a crucial step in the recovery journey.

I've been set some exercises to help with the recovery of my arm. The nurse recommended a little and often approach. If I put the careful work in now, it will lead to recovering to the abilities I had before the injury. In the context of mental health, recovery is viewed differently. Whilst a step-by-step approach is advocated, most people don't view recovery as returning to how things were before, instead, people describe being different, often having a new perspective.

Juliet Adlouné, Email: mhfa.julietadlouné@gmail.com

News for Older Residents



HIG Community Car Scheme – Volunteers drivers needed

Plans are underway to get the Histon, Impington, and Giron Community Car Scheme up and running again. All being well, it will restart in January 2023 if sufficient volunteer drivers come forward for the role. If you have time available to help others access appointments and events in the area, please let me know.

Falls Assessment Clinic

Assessment sessions continue in the William Collyn Community Centre for anyone who has stumbled or fallen or been unsteady on their feet. Telephone Healthy You on 0333 005 0093 to book a one-to-one appointment for a Friday afternoon.

Protect yourself from scams and scammers

There will be a talk on this important topic in the Abbeyfield Restaurant at 10am on Monday 14 November. See the Club 55 column for more details.

Have you tried Kurling yet?

Sessions of this target game happen every Monday from 2.00pm to 3.00pm in the William Collyn Hall. It can be played either sitting or standing so it is suitable for everyone. The weekly charge of £3 includes a cup of tea.

Free Winter Fair for Older People

This fair is on Tuesday 6 December from 10.30am to 1.30pm at the Abbey Stadium in Cambridge. Stalls will provide information and advice on a wide range of subjects including energy, home safety, health checks, and fitness tips. Hot drinks and mince pies will be provided.

Devices useful for people with dementia:

- Pivottell automatic pill dispenser with a stand – holds a month's supply and dispenses medicines safely, as many times a day as is necessary.
 - Stray Star GPS tracker with a sim card and many key features.
 - Three clocks (these could also be helpful to those with sight problems).
 - Also, a lift and tilt chair, in good condition.
- Some remuneration or a donation to charity is requested for the above expensive items.

Items for free

A commode; a toilet rail guard; a 4 wheeled rollator; a shopping trolley with an extra back wheel for negotiating kerbs; incontinence pants for both men and women.

Patricia Johnston,
Older Residents' Coordinator
Tel: 07469 660 866

Email: Patriciajohnston@ageukcap.org.uk

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Girton Cottontails Preschool

The term is flying by and we are continuing to make the most of the Autumn, with activities such as conker rolling in paint and walks in the sunshine. Forest School has a carpet of beautiful Autumn leaves in many colours, and the children are loving running (and rolling!) in them, and throwing them up in the air. They've also been making bridges across the ditch with long branches and ropes to hold on to as they balance along.

We've been looking at insects at preschool, finding real ones in the garden and looking at their features. We found lots of ladybirds and a few spiders too. We learnt that spiders do not have very good eyesight.

In the preschool garden, we have a new reading shelter. This is a cosy corner to share books and the children have been enjoying it so far.



We recently visited St Andrew's Church, we enjoyed looking around and an Autumn related story about how we can look after others who are less fortunate than ourselves. The children learned about who St Andrew was and took a great interest in the stained glass windows.

We are a community interest company, so non-profit making, we greatly appreciate any support you can give. Please take a look at our gofundme page and our Amazon wish list: <http://www.gofundme.com/f/emma-and-laura-are-reopening-cottontails-preschool>
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We welcome children from the age of two years and upwards. Please contact us if you would like to apply for a place.

For further information about the preschool and what we have to offer, you can visit our website, follow us on social media, or get in touch using the contact details below.

Laura Norman and Emma Pell

Girton Cottontails Preschool Managing Directors

Email: info@girtoncottontailspreschool.com

Phone: 07368 180771

Web: <https://www.girtoncottontailspreschool.com>

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News from Girton Glebe Primary School

Girton Glebe rated 'Good' by Ofsted

I am delighted to share with you the report written following our recent Ofsted inspection. We are proud to say that the inspection team recognised the excellent practice in place at Girton Glebe and has rated us as 'Good' in all categories.

The current Ofsted framework places huge emphasis on planning and delivering an ambitious, knowledge rich curriculum, which demonstrates both breadth and depth in its scope and coverage. We are pleased that the hard work of our dedicated teaching staff has been recognised in this area, with the report stating that "leaders have designed an ambitious curriculum that clearly sets out the knowledge and skills leaders intend pupils to learn. This high expectation is for all pupils, including those pupils with special educational needs and/or disabilities (SEND). Teachers demonstrate strong subject knowledge of the curriculum they are teaching."

Of course, our school's vision and focus extend far beyond the academic aspirations we have for our pupils, and so the recognition of our strong practice in terms of behaviour, attitudes, and personal development of the pupils at Girton Glebe, has been fantastic to read. The report confirms that pupils are happy and safe at school, and that the relationships between our pupils are kind and respectful. Inspectors were impressed with the school's approach to teaching and celebrating difference across our school community, and credits this with ensuring "harmonious behaviour" both in classrooms and on the playground. This part of the report was a particular joy to read, and I feel very proud of all the pupils here at Girton Glebe. The report also alludes to the success of the school following the turbulence experienced in recent years due to unavoidable staffing changes and the broader context of the pandemic. We are so pleased that despite these challenges, Girton Glebe has continued to provide excellent opportunities and learning experiences for all our pupils. We are lucky to now be fully staffed, with a committed, experienced, and diligent team of teachers and support staff. We very much look forward to further embedding our new curriculum and approaches with this fantastic team.

Please do keep an eye out for the full report which should be available on the Ofsted website on Friday 21 October 2022. We recently held our open afternoon at Girton Glebe, but if you missed this and you would like to visit the school for a tour, please call the school office on 01223 276 484 to arrange a date and time.

I want to sign off by highlighting the first sentence of the report: "Girton Glebe Primary School is at the heart of the village community." We feel privileged to be working at this school; serving such a wonderful village and look forward to continuing our journey together with you.

Mr Chris Butler, Headteacher, cbutler@gg.tela.org.uk

GIRTON scoreboard



Girton Bowls Club

After a very successful season of outdoor bowls, many of our members are adjusting to playing indoors over the winter season. The Indoor Bowls Club at Chesterton has had a massive facelift over the summer months.

This has included removing all the old carpet, re-levelling the floor and resurfacing and laying a splendid new blue carpet to replace the old green one.



Chesterton indoor bowls rink

So far this indoor season, Girton 1 has played two matches, one which they won 4–2 against Chesterton and one against Abbey which they lost 0–6. Girton 2 has played three matches, so far winning against Milton 4–2 and against Coleridge 4–2, but losing against Histon 2–4.

Our annual Presentation Dinner will again be held at The Old Crown in Girton this month and our AGM will be held at Abbeyfield Girton Green on 8th December.

The bowls green has now been closed down for the winter with volunteers taking down the marquee, lifting and cleaning the gully mats and removing and emptying all the flower tubs. Maintenance of the green will continue over the winter months under the guidance of our professional advisor with next season in mind.

If you are interested in finding out about joining Girton Bowls Club, please see our website www.girtonbowlsclub.weebly.com or contact our Secretary, Carey Horton, at carey@horton.uk.net. We are always pleased to welcome new members.

Lynne McGill



Girton Golf Club

After such a long dry spell the weather appears to have broken and today the rain is pouring down on the course and village. Perhaps Ian Hankin, our Head Greenkeeper, will now be happy! The course is looking

green again and much more like a golf course. Well done to our team of greenkeepers for preserving the greens and tees throughout the extensive period of so little rain – amazing how quickly the grass on the fairways has come back too.

Exciting news! Girton Golf Club are starting a Junior Golf Academy that will begin in January 2023. The Academy will be open to people of all abilities and ages ranging from 6 to 16, with equipment provided when needed. With a large practice field and an indoor swing studio, the Academy should not be weather dependent. We will be running beginner groups for young people who have never tried golf before and also for those who are already learning to play but who want to develop their skills. If you would like to hear more about this, please contact Girton Golf Club coaching team on info@sambeckettgolf.com, ring the Golf Club or call in at the Club Pro Shop at the bottom of Dodford Lane for a chat.

Remember that the golf clubhouse is open every day for really good coffee and lunches and has a well-stocked bar. We are also still looking to recruit staff for our bar and catering team – please talk to Nick Cooke our Hospitality Manager for more information.

If you need a location for meetings, celebrations, family parties or Christmas get togethers, contact the office or Nick to see what we can offer (which is a lot). Membership is still open and we have a number of different categories depending on age and lifestyles. Come and see what would suit you.

Alan Henderson-Smith

Tel: 01223 276169

www.girtongolf.co.uk



Girton Netball Club

The winter season is now in full swing with two games already under our belt in the Cambridge Adult Friendly Netball League (CAFNL). We were pleased to welcome some new players to join us for our first match and they made a terrific contribution against Trumpington Gold, a tough, competitive team. The final score of 47–20 belied what was a fun game and a good workout. Our second match against Melbourn was a tight fought but slower paced game, with Melbourn narrowly edging Girton in the final quarter to win 25–23.

Girton Netball Club meets Mondays during term-time at Girton Rec, with coaching from Helen Stepney. We are moving to a new and later start time of 7pm. Sessions run from 7pm to 8pm. Email girton.village.netball@gmail.com or facebook: *Girton Netball Club*.

Emma-Louise Longden



Girton Tennis Club

The Rocket Cup 2022 competition was completed in August and we are pleased to say that the winners have now been presented with their trophies. Our Chairman, John

Irwin, congratulated the winners who were:

Senior Cup Winner: Victor Travieso

Junior Cup Winner: Mark Misquitta

The picture shows Victor and Mark with their cups and a younger supporter on the courts.



Our junior supervised sessions that ran on Friday evenings have now stopped until better weather and lighter evenings return in 2023. These have been very popular and it has been lovely to see our younger players improve their racket skills whilst having plenty of exercise and fun. We are very grateful to Victor Travieso and Alan Richardson for leading these sessions and to many other parents and committee members who have assisted on busier evenings.

The tennis club has use of the recreation ground courts and members who purchase a key and have a confirmed booking have court access during most daylight hours. Club members meet and play from around 7.30pm to 9pm on Friday evenings. Potential new members are very welcome to come along to our Friday club nights for one or two free sessions to check it all out.

Details about our activities can be found on our website www.girtontennisclub.uk or by contacting our Membership Secretary by email info@girtontennisclub.uk.

Alan Franklin

Community Car Scheme to return in 2023

Moves are afoot to restart the Histon, Impington, and Girton Car Scheme after it ceased operating due to the pandemic. Volunteer drivers and coordinators are being encouraged to step forward to enable the service to begin again in the new year.

The car scheme was one of the early casualties of the pandemic. It closed completely in March 2020, when car journeys were restricted to single households, and most people were confined to their homes, unless for urgent medical reasons or for key workers commuting to work. On top of this, many of the volunteer drivers were told to stay in their homes when the government deemed those over 70 were at high risk.

Before covid, the scheme had been running for almost five years, co-ordinated by volunteer Lesley Kelly. It was available for anyone in the communities of Histon, Impington, and Girton, who were unable to use public transport and didn't have use of a car. The lifts requested were a mixture of medical and social events. Priority was given to health-related appointments when allocating lifts.

Volunteers needed

Histon, Impington, and Girton Car Scheme is one of around 30 such schemes in South Cambridgeshire. Organisers now aim to restart this scheme and offer lifts again from early 2023, but to do this they need volunteers. This includes a new team of drivers who can volunteer each week for as many or as few hours as they like. The drivers indicate online when they can help so the time commitment can vary from week to week. Some may offer more than one lift while others may only have an hour a week to spare. All volunteers are reimbursed for any expenses. The scheme is supported by South Cambridgeshire's Care Network, which manages the legalities such as: ensuring that the drivers have the correct safeguarding certificates and insurance.

As well as drivers, co-ordinators are needed to take on the task of organising the lifts on a weekly basis, with each co-ordinator committing a couple of hours a week on average. Previously the scheme was run manually using a large paper diary. With the relaunch, the scheme will now be run on VIA, an easy-to-use software package which runs on computers or tablets. VIA has been developed locally in Hardwick but is used by many car schemes in the UK. It enables multiple co-ordinators to share the lift requests and match lifts to drivers, making this task a lot easier.

Anyone interested in volunteering as a co-ordinator or driver for the HIG Car Scheme, or just wanting to know more, should email HIG.car.scheme@gmail.com or call Tina Kidd on 07709 051158.

Harvest Tea Dance is popular community event with Girton residents

Holding regular, fun and sociable community events is a key aim for Girton Town Charity, using the William Collyn Community Centre as a venue. In recent months there has been a Jubilee Tea Dance, followed by a Harvest Tea Dance in October.

Regular hirers of the Centre and professional dance teachers, Clive and Jenny Hurt of CJ's School of Dance – who are very local themselves – hosted the latest event.

Success

Xander Sandwell, WCCC Duty Manager – Events and Promotion said: “With years of experience in dancing, teaching and even judging, Clive and Jenny were enthusiastic about running such an event and their involvement undoubtedly contributed to its success.

“Further praise must go to Girton Women’s Institute who very generously donated delicious home-made treats including classic Victoria Sponges, fruit cake and home-made jam and scones, all of which inspired endless compliments as well as resonating with the idea of a harvest-themed, community event.

Decorations

“The floral table arrangements, produced and generously donated by another community group, Girton Garden Society, reflected the glorious colour of late-Summer flowers from local gardens and enhanced the tables in the hall and on the terrace in the afternoon sun.

“In total 61 guests attended and it was fantastic to see the Gordon Hall full of people dancing to the excellently curated music and enjoying the wonderful food and ambience. In fact, the event was such a success that the Centre management and GTC Trustees are keen to make Tea Dances a regular fixture.”

Clive and Jenny Hurt, CJ's School of Dance added: “A great time was had by all, and the Tea Dance was hailed a huge success, with many hoping that such an event might become a more regular occurrence.”

Benefits

Patricia who is Girton’s Age UK Older Residents’ Coordinator shared her enthusiasm for the benefits of the event, both for those dancing and others who chose to watch.



*Dance professionals Clive and Jenny lead the way.
Delicious cakes from Girton WI and posies generously
donated by Girton Garden Society.*



She says: “Dancing exercises the heart, lungs, muscles and joints and improves posture and blood flow which in turn boosts the immune system. It involves memory and concentration and so lowers stress and anxiety.

“The element of music adds to the benefits as it has a positive effect on the brain and its function, lifting the spirits as well as increasing a sense of well-being.

“Last, but by no means least, the social aspect of events like a Tea Dance are considerable, including the added advantage of touch, something we have lacked in recent years.”

Educational Grants 2022/23

Applications for an Educational Grant are invited from young people over 18 leaving secondary education and moving on to higher education and some training schemes or NVQ qualifications Level 4 and above.

The Grant covers books, equipment, tools or other direct costs relevant to the course and is a maximum of £300* per year for up to four years.

The next payment date for grant applications received will be December 2022.

Applicants must have lived in Girton for a minimum of two years immediately before leaving secondary education.

Contact the GTC office for an application form.

* Terms and conditions apply

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WILLIAM COLLYN COMMUNITY CENTRE

Please see website for up to date details of Clubs and Classes www.williamcollyn.co.uk
Information correct at time of going to press.

Monday

9.30 - 1.00pm	Tumble Tots
2.00 - 3.00pm	Kurling for over 55's
6.30 - 7.30pm	Clubbercise
8.00 - 9.30pm	Whole Notes Gospel Choir

Tuesday

8.30 - 9.30am	Yoga with Julia Dale
10.00 - 11.00am	Yoga with Julia Dale
6.00 - 7.00pm	Bounce
7.30 - 10.30pm	Easton Swing

Wednesday

6.00 - 6.45pm	Bounce
7.00 - 10.00pm	The W.I. (monthly - first Weds)
7.00 - 10.00pm	Girton Garden Society (monthly - second Weds)

Thursday

9.30 - 11.30am	Pilates
5.45 - 6.45pm	Pilates
7.15pm & 8.15pm	Ballroom Dance Classes

Friday

9.30am - 12.30pm	Little City Toddler Play (monthly - second Friday)
7.30 - 8.30pm	Easton Swing (monthly - third Friday)

Saturday

9.00 - 10.00am	Bounce
1.00 - 3.00pm	Cambridge Jazz Co-op (monthly)

Wellbrook Way, Girton, Cambridge CB3 0GP
01223 279587

info@williamcollyn.co.uk
www.williamcollyn.co.uk

The William Collyn Centre is provided and run for the benefit of Girton residents by Girton Town Charity.

November Wine Selection

As the nights draw in and the weather turns chilly, here are three wines to help keep your spirits up.



Finca Traversa Tannat Merlot 2021 (Uruguay)

Although less well-known as a wine-producing country, Uruguay is starting to make a name for itself, particularly for its signature red grape, Tannat. Originating in south-west France, Tannat is known for its dark, full-bodied, lush wines, not unlike Malbec from Argentina. And this Tannat from Finca Traversa, blended with Merlot, is a very good introduction to the grape.

This is a smooth, velvety wine with medium tannins, medium acidity, and a lengthy finish. Aromas of raspberry, redcurrant, and cherry on the nose lead to a burst of forest fruit flavours on the palate, with hints of vanilla, chocolate, and coffee.

An ideal match for a hearty meat dish, or roasted vegetables.

Available from **Co-op**.



Hazel End Vineyard Bacchus Dry 2014 (Hertfordshire)

It's unusual to find an English white wine that has aged a few years, but this 2014 Bacchus Dry from Hazel End Vineyard in Hertfordshire is a real delight. 2014 was generally a good year for English wine. Eleven out of the twelve months were warmer than average, and there was also a reasonable amount of rain. The result was a bumper 2014 harvest with plenty of healthy, high-quality grapes. And several years on, this wine still has lots to offer.

With aromas of grapefruit, elderflower, lime, and a touch of petrol on the nose, leading to a burst of lime and peach on the palate, this older Bacchus has a hint of Riesling about it. It is a smooth, refined wine with good acidity and a long finish, which can be enjoyed by itself, or with a seafood or chicken dish.

Available from **Grape Britannia** (£14.99).



Grüner Veltliner, Von den Terrassen, Winzer Krems, Niederösterreich 2020 (Austria)

This Grüner Veltliner is a fresh, elegant wine produced from grapes grown on the loess terraces along the banks of the Danube in the Wachau Valley and has all the characteristics of Austria's signature white grape variety.

Pronounced aromas of blossom, apple and peach, and a touch of white pepper on the nose lead to a delicious burst of apple, lemon, peach, and nectarine on the palate. A tinge of

effervescence adds a little sparkle to the mix and the mineral notes and refreshing acidity make for a very well-balanced wine.

A dry wine with a lengthy finish, this is a perfectly pleasant wine to drink by itself, or as the ideal match for Wiener Schnitzel. We enjoyed it with Japanese tonkatsu (breaded pork cutlet), and it was just the ticket.

Available from **Majestic** (£11.99, Mix Six £9.99)

Martin Nuttall

www.itmustbewineoclock.com

Scottish Country Dancing at the William Collyn Centre

When we moved to Girton from Coton nearly four years ago, we were looking for a suitable hall in which to hold a ball to celebrate a big birthday. To our delight the William Collyn Centre had opened just in time and in December 2019 we had a super evening there with around eighty of our Scottish dancing friends, many of whom, including the band, had travelled quite a number of miles to join us for the fun.

There are three Scottish Country Dancing groups in Cambridge: The University Strathspey and Reel Club, the Royal Scottish Country Dance Society - Cambridge Branch, and the Cambridge Scottish Society. All three groups have now held very successful dancing events, including formal balls and more casual dance evenings in the William Collyn Centre, and more are planned. This summer, for the first time, the three Cambridge groups ran joint dancing evenings on Wednesdays for eleven weeks, six of these being in the William Collyn Centre. Scottish Country Dancing is one of the best and most sociable forms of exercise for both mind and body, and all three groups would welcome new members at their weekly classes during the year.

The Gordon Hall at the William Collyn Centre is light and airy with a splendid floor, and all the facilities are clean and spacious. Our sincere thanks are due to the two managers we have known: Max, and before him, Helen, both of whom have always gone the extra mile to be helpful. And to all their equally professional, and friendly colleagues, who make organising an event at the William Collyn Centre such a pleasant experience.

We are lucky indeed to have such an asset in Girton.

For further information on Scottish Country Dancing in Cambridge please contact us by email at patmawilson@hotmail.com. Information on all the groups mentioned can be found on their websites.

Donald and Pat Wilson



Don't miss this

A representative from Cambridgeshire Police will visit our Monday morning computer group at Abbeyfield to give a talk about scams. It is free of charge and open to anyone of any age to drop in. I have heard the talk and I think it is well

worth hearing what he has to say. He will talk about phone, online and other scams.

Learn about Scams

A talk by David York,

Cybercrime & Fraud Prevention Officer
Cambridgeshire Constabulary

10am Monday 14th November 2022

in the

Abbeyfield restaurant

Girton Green

Call in at 10am to hear how to protect yourself from online, phone & other scams. It's free of charge and everyone is welcome.

Filter Coffee is free.

Other coffees and snacks will be available to purchase if you wish. Well worth a visit.

September Lunch

Our visit to The Three Tuns public house at Fen Drayton on 28th September saw members giving lifts to those who had no transport, a good financial saving for them.



Inside The Three Tuns long room

Members were able to enjoy the long room already decorated for Christmas.

We will be returning to the Three Tuns for lunch on

Wednesday 16th November and a menu will be available soon. Please put a note in your diary for this and the Monday morning scams talk above. The talk is highly recommended for those of you worried about scams.

For more details contact:

Sam Clift

Tel: 07850740721 Email: samclift@ntlworld.com

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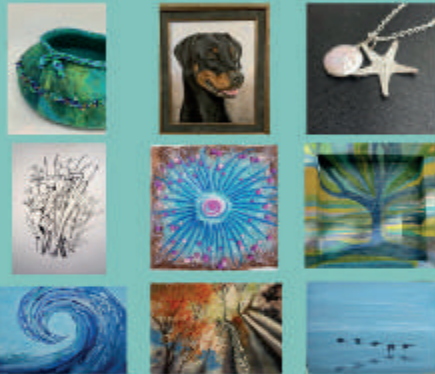
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The New Crown

Just before the final committal of the Queen's coffin to the vaults of St. George's Chapel, the great imperial symbols of monarchy were removed. The crown, the orb and sceptre, were placed on the high altar to be kept in safety by the nation for a royal successor. From her own testimony, we know that the Queen had already received a crown more durable and indestructible, the Crown of Righteousness. Above all other treasures, the Queen rested on the confidence that this crown was gained not by merit, nor through dynastic line, but by the grace of God in response to her sincere commitment to faith in Christ Jesus as her substitute and living advocate.

Nearing the end of his earthly life, the Apostle Paul, explained to young Timothy his expectation in these terms. "I have finished the race; I have kept the faith. Now there is in store for me the crown of righteousness which the Lord, the righteous judge will award to me on that day, and not only to me, but also to all who have longed for his appearing." (2 Timothy 4v7,8)

Adopted into the family of God, his children know that regardless of status, wealth or achievement, their greatest riches are the riches they have in Christ, and the promise of heaven is their eternal hope. Eternally connected to that great event of salvation, they were redeemed from death to life. Now they carry the honour of speaking for the King of Kings as ambassadors. This great privilege brings sacred responsibility and guidance, especially perhaps for a monarch who must live under the spotlight.

Yet monarchs, like all of us, experience the whole gamut of emotions that humanity confronts. Some have sought power; some have come with trepidation to wear the mantle placed around their shoulders. Others have stepped up with a sense of destiny that will require courage, dedication, and personal discipline, to stand as a rallying point, and curator of national identity, with all ethnicities nestling under one banner of unity. In tribute to the Queen, the great Commonwealth of Nations, joined together to create a visual demonstration of mutual bonds.

Long ago, we abandoned the principle of the Divine Right of Kings which had given an excess of unquestioned power into the hands of one individual. Thereafter, the crown was worn by the consent of the people. The monarch, like all citizens was accountable to God for mode of conduct. Rather than issuing decrees, they embraced servanthood. Queen Elizabeth said, "I do not give you laws or administer justice, but I

can give you my heart, and my devotion to these old islands and to all the people of our brotherhood of nations." In the servanthood of Jesus, she found her perfect example.

When a dispute arose amongst the disciples regarding status, Jesus taught them by saying, "You know that the rulers of the Gentiles lord over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant and whoever wants to be first must be your slave, just as the Son of Man did not come to be served but to serve and to give his life as a ransom for many." (Matthew 20v25-28) True greatness comes with humility and service.

From that perspective, Charles Wesley wrote his great hymn of worship, Love Divine all Loves Excelling. It ends with words that every disciple may echo.

"Changed from glory into glory
Till in heaven we take our place
Till we cast our crowns before you
Lost in wonder, love, and praise."

Iris Niven

Girton Baptist Church



Notices

Messy Church is on Thursday 10 November from 3.30 pm. Messy Church is for parents or grandparents and their children, with craft activities based on a Biblical theme, a story, and a meal together. If you would like to find out more, please contact us or just come along.

Tuesday Afternoon Friendship Group (TAFG)

This group starts again on Tuesday 1 November with a quiz. If you would like to come but need a lift, please contact us.

For further details about any of the above, including the online link for the service, please ring 07483 334860 or email pastor@girtonbaptistchurch.org.uk.



Solution to this month's Codeword on page 15:

1	2	3	4	5	6	7	8	9	10	11	12	13
D	U	N	F	W	A	V	K	E	L	B	Y	S
14	15	16	17	18	19	20	21	22	23	24	25	26
R	I	G	C	Q	O	Z	M	P	J	H	X	T

Girton Walking Group

On Saturday 1 October, ten of us had a lovely walk, starting from Knapwell church, across fields, and through a nature reserve. The walk was led by Ann and Ian Jerram, who treated us to cake, and flapjack left over from a significant birthday tea (pictured).



Our future walks are:

Saturday 5 November: Wimpole Hall

Arrington, Royston, Cambridgeshire, SG8 0BW. Car parking is free, but non-National Trust members will need to pay to enter the park. There are, however, people with a guest pass on their memberships, so if we meet in front of the entrance (just up from the car park) where you normally pay, we can sort out those able to piggyback on other memberships before we go in. If you would like to pay and donate to this great cause, I am sure the NT will be delighted.

This is a lovely walk of approx. five miles with views of the surrounding countryside. The walk will not be muddy as the trail is well maintained. We could have lunch or a drink after at the Stables café or at the Old Rectory Restaurant.

The walk will be led by Rachel Thomas, email: thomas.rachel@hotmail.co.uk

Saturday 3 December: Wandlebury Country Park, CB22 3AE - Followed by a bring and share lunch, at 141 Thornton Road, CB3 0NE.

We will meet at 10am in the Wandlebury car park for a gentle stroll of about two miles on good paths, then convene for a pre-Christmas bring and share lunch at the home of Angela and Simon Blackburn.

At Wandlebury there is a parking charge of £3.50, payable by card only, which contributes to the upkeep of this lovely country park, which is managed by Cambridge Past, Present, Future (members of Cambridge PPF park for free).

Those who won't be on the walk but would like to join us for lunch are most welcome to turn up at 12.30pm. If you are not on our regular mailing list but would like to be included, please let me know at angela.blackburn@cantab.net.

More information about lunch will be communicated by email.

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Invites you to come and sing in a
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All abilities welcome!
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6:30-8pm Rehearsal
7pm Dec 18th Carol service
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 **ST ANDREW'S GIRTON**

Notices

Remembrance Day Service

The village Remembrance Day service on Sunday 13 November starts at the War Memorial outside the parish church shortly after 10:45 am and will continue in the church. All are welcome.

Advent Carol Service

On 27 November Girton College will hold its Advent Carol Service at 5:30 pm in the college chapel. This is preceded by tea, sandwiches, and cakes served in the Stanley Library from 4:30 pm. All are welcome.

St Andrew's for Kids (StA4K)

St Andrew's for Kids (StA4K) is now being held every week except the second Sunday in the month when the young people join the whole congregation for the All-age worship. Usually, they will meet in the church's North Room, except for the fourth Sunday, and on special occasions when they will meet in the Cotton Hall. However, this month is different because of the second Sunday being Remembrance Day. You can find details about StA4K and other provisions for children and families on the church website, www.girton.church or by email at cfm@girton.church.



St Andrew's Church

Rector: Revd Michael Bigg

Tel: 01223 202145 **Email:** rector@girton.church

Website: www.girton.church

Associate Priest: The Revd Christine Barrow

Tel: 575089 **Email:** mcbarrow@me.com

Licensed Lay Ministers:

Mr Dugald Wilson **Tel:** 276940

Mrs Christina Deacon **Tel:** 525337

Churchwardens:

Mr Bruce and Mrs Wendy Hunter **Tel:** 503958

Sunday Services: November

6th 10:00 am Holy Communion (+StA4K)

13th 8:00 am Holy Communion (BCP)

9:30 am Remembrance for Children
(Cotton Hall)

10:45 am Remembrance Service
(War Memorial)

6:00 pm Evening Prayer (BCP)

20th 10:00 am Holy Communion (+StA4K)

6:00 pm Evening Prayer (BCP)

27th 8:00 am Holy Communion (BCP)

10:00 am Morning Prayer (+StA4K
in Cotton Hall)

December

4th 10:00 am Holy Communion (+StA4K)

Weekday Services: November

Tues 9 am Morning Prayer (said)

3:45 pm Choir Church
(during school term time)

Weds 9 am Morning Prayer (said) (Online)

Thurs 9 am Morning Prayer (said) (Online)

9 pm Compline (said) (Online)

Other Services:

9th 2:00 pm Abbeyfield Holy Communion

10th 3:30 pm Messy Church

15th 2:15 pm Arlington Manor Holy Communion

24th 11:00 am Gretton Court Holy Communion (BCP)

You are welcome to join us for Sunday morning worship in person, or remotely at <http://bit.ly/GirtonParishLive>. Please check the church website for up-to-date information.
(www.girton.church)

Girton Baptist Church



Minister: Revd Nick Lowe

Tel: 01223 279289

Secretary: Mrs Virginia Rootham-Smith

Tel: 01223 520442

Website: www.girtonbaptistchurch.org.uk

Sunday Services: November

(all at Girton Baptist Church at 10.30am and on Zoom)

6th Morning Worship, with communion,
led by Nick Lowe

13th Remembrance Service, led by Nick Lowe

20th Morning Worship, with communion,
led by Nick Lowe

27th Morning Worship, led by Robin Giles

All are welcome.

At Girton Baptist Church we find the Psalms to be a source of great comfort and encouragement. This is in part because they reflect life as we often experience it, while at the same time offering hope. Psalm 120 is a Psalm of lament, an expression of grief and disappointment of the Psalmist's circumstances. There is plenty in this Psalm to give us a good idea of what the problem was. He was living in a corrupt and godless society, where lying lips and deceit were everywhere. It was a world of broken promises, broken relationships, and broken hearts. It was also a place of physical danger, with hostile neighbours, who presented a constant threat of war. The Psalmist, who described himself as a 'man of peace,' turned to the Lord in prayer in his distress: "In my distress I called to the Lord, and he answered me," (Psalm 120:1) This is where salvation begins.

Thomas Sternbold, who served as a courtier to Henry VIII and Edward VI, set the words of Psalm 120 to music, in the style of the time:

*In trouble and in thrall
unto the Lord I call,
And he doth me comfort.
Deliver me, I pray,
From lying lips always
and tongues of false report.*

Although this verse comes from a different age, the words are remarkably apt for our own, an age of lying lips (fake news) and false reports, and sometimes it is difficult to know who or what to believe.

This is a prayer from a Baptist resource which we can make our own: "Lord of truth and forgiveness, by your gentle spirit move us from guilt to grace, and from darkness to light, that our lives may proclaim the transformation of the peace of Christ. Amen."

If you would like to discuss any Parish Council issues, please contact the following:

Chairman

Douglas de Lacey, Tel: 565219
douglas.de-lacey@girton-pc.gov.uk

Vice-Chairman

Daniel Carney, daniel.carney@girton-pc.gov.uk

Councillors

Gary Betts, gary.betts@girton-pc.gov.uk
 Michael Blom, michael.blom@girton-pc.gov.uk
 Andrew Clare, andrew.clare@girton-pc.gov.uk
 Gill Cockley, gill.cockley@girton-pc.gov.uk
 Alison Giles, alison.giles@girton-pc.gov.uk
 Nas Hayat, nas.hayat@girton-pc.gov.uk
 Stuart Marshall, stuart.marshall@girton-pc.gov.uk
 Ann Muston, ann.muston@girton-pc.gov.uk
 Haydn Williams, haydn.williams@girton-pc.gov.uk
 Carolyn Wright, carolyn.wright@girton-pc.gov.uk

Formal correspondence to the Council should be addressed to the Parish Clerk.

District Councillors

Richard Stobart, Tel 07950 934793
cllr.stobart@scambs.gov.uk
 Corinne Garvie, Tel: 01223 276184
cllr.garvie@scambs.gov.uk

County Councillor

Edna Murphy, Tel: 01223 577005
edna.murphy@cambridgeshire.gov.uk

Parish Clerk

Yvonne Murray Tel: 01223 237173
clerk@girton-pc.gov.uk

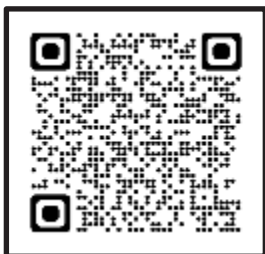
Assistant Parish Clerk

Angie Vidler, Tel: 01223 618619
admin@girton-pc.gov.uk

Website: www.girton-cambs.org.uk/council.html

Postal address

Girton Parish Council
 The Pavilion
 Girton Recreation Ground
 Cambridge Road
 Girton
 Cambridge CB3 0FH



Contact numbers for bookings

Cotton Hall	07759 983420
Orchard Close	277164
Pavilion	618619
St Vincent's Close	276447
William Collyn Community Centre	279587

Girton Feast 2022

Volunteers 'Thank You' Party



The Girton Feast Committee were delighted to welcome this year's volunteers to our 'Thank You' party on 8 October. Our volunteers help in lots of different ways, from setting up the recreation ground on the Friday, to delivering the calendar that helps to fund the Feast. They help with car parking, advice on health & safety issues, booking the entertainers, organising the fun run and much more!

If you would like to be part of our team, please contact Rowena at: rowena@girtonfeast.org.

Please put the dates for 2023 in your diary:

Friday 7 and Saturday 8 July 2023.

A huge thank you to all our volunteers who help to make the Feast weekend such a great success.

Girton Feast Committee

Mobile Post Office



The mobile Post Office is open every Friday 1.30-2.30pm in the car park in Orchard Close behind the old Scallywags Nursery.

Mobile Library

Thursday 10 and 24 November 2022

Thornton Court	09.40 – 10.00
Abbeyfield	10.10 – 10.50
Cotton Hall/Church	11.00 – 11.30
Orchard Close	11.35 – 11.55
St Vincent's Close	12.00 – 12.40
Gretton Court	12.50 – 13.15
Churchfield Court	13.20 – 13.45

Bin Collections

Thursday 10 November	Black bin
Thursday 17 November	Blue and Green bins
Thursday 24 November	Black bin
Thursday 1 December	Blue and Green bins

The Girton Chiropodist

(Mobile Service)

ERICA NICHOLS

M.S.S.Ch. M.B.Ch.A HCPC Ch20454

Glebe House
39 Cambridge Road,
Girton CB3 0PN

Tel: 01223 520077
Mob: 07703 292354
e-mail: erica.n@me.com



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July
2023



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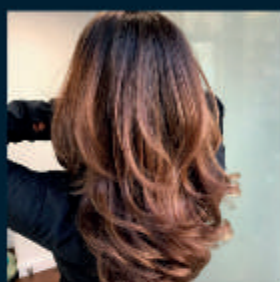
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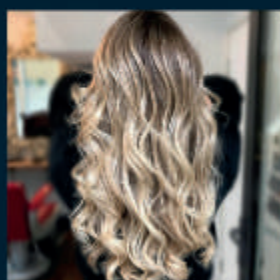
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An end-of-year running festival for all the family

Saturday 31st December 2022
10.30am, Girton Recreation Ground

Event organised by Cogwheel Counselling to help provide affordable counselling

Register online for 5K and 10k at
www.cogwheel5kcanter.org.uk
 from 1st September
 On-the-day registration for 200m mini-run and 2K

Medals for U12 runners and 5k & 10k runners

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