



GIRTON

Parish News



November 2018

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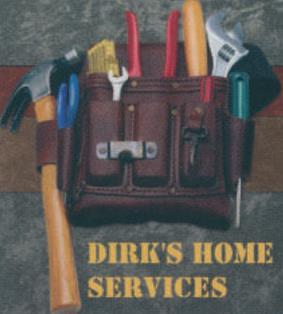
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Copy should be submitted to the Editor in electronic form as Word or Text files, with any photos, graphics or logos submitted as separate attachments, not embedded in the file. Questions about submission should be addressed to the Editor.

The editorial team reserves the right to edit, accept or reject any material submitted for publication. The views expressed within the magazine are those of the contributors and do not necessarily reflect those of the editorial team.

A copy of the magazine is available on the Girton website at www.girton-cambs.org.uk, where you may also find expanded versions of selected items.

Advertisements

Prices for placing advertisements in the *Girton Parish News*, in black-and-white or colour, can be had on application to the Advertising Manager.

The advertising policy of the *Girton Parish News* aims to promote enterprises and activities from within Girton. The space available for advertisements is limited, and preference is given to businesses founded, situated, controlled and operated within Girton. The *Girton Parish News* reserves the right to decline to publish any advertisement which the Advertising Manager considers not to meet the objectives of this policy. Inclusion of an advertisement does not imply endorsement by the *Girton Parish News* of the product or service advertised.

The *Girton Parish News* is produced and distributed entirely by volunteers from the village, including the following:

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Jenny Knights, Matthew Vernon

Webmaster: Andrew Haylett

and many others. If you are interested in becoming involved in any capacity, please contact the Editor.

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The Village Diary

November

- Thur. 1** **Girton WI**, Pavilion, 7.30pm
Christmas Card Making – Wendy & Sue
- Fri. 2** **Rotary Memory Café**, 10am–12 noon
St Vincent's Close Community Centre
- Sat. 3** **Girton Walking Group**, Hardwick footpath
Meet at Blue Lion pub, Hardwick, 10am
- Sun. 4** **Girton College Music Society**, Stanley Library, 2.30pm
Andrew Kennedy (tenor) and Martin Ennis (piano)
- Thur. 8** **Club 55**, St Vincent's Close, 12 noon
Film, 'Their Finest'
Girton Garden Society, St Vincent's Close, 7.30pm
Alan Shipp – A Kaleidoscope of Colour: Hyacinths
- Sat. 10** **Palestine Trauma Centre**, produce sale
115 Thornton Road, 11am–3pm
Lest We Forget, Readings and Poems
St Andrew's Church, 4pm
- Sun. 11** **WWI & II Commemoration**, 10.50am
War Memorial, St Andrew's churchyard
Girton College Music Society, Chapel, 2.30pm
Marilyn Harper (organ) – Works for
Remembrance Sunday
Battle's Over, Beacon Lighting ceremony
St Andrew's Church, 7pm
- Sun. 18** **Girton College Music Society**, Stanley Library, 2.30pm
Ridgeway Ensemble – New Horizons
- Tue. 20** **Parish Council Meeting**, 7.30pm
St Vincent's Close Community Centre
- Sat. 24** **Girton Churchyard Volunteers**, Work Party
St Andrew's Churchyard, 10am–12 noon
Christmas Fair, Friends of Girton Glebe
Girton Glebe School, 2–4pm
Friends of St Andrew's, St Andrew's Church
Lucy Bunce – Voice and Harp, 7pm
- Sun. 25** **Girton College Music Society**, Chapel, 6pm
Advent Carol Service
- Fri. 30** **Girton Craft Club**, 2–4pm
Orchard Close Community Centre, all welcome

December

- Sat. 1** **Girton Walking Group**, Science walk round Cambridge
Meet Grange Road/Adams Road junction, 10am

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Cover photo by Melanie Walker: Winter dog walk in Washpit Lane

Copy date for December issue: Wed. 14 Nov. Issue date: Sat. 1 Dec. Covers 1 December – 11 January 2019.



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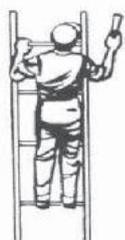
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Girton Parish Council

The following are amongst items discussed at Parish Council meetings and information received by the Clerk.

At the October meeting, the Council received a presentation from the South Cambs District Council North Patch Officer on receiving help and support on grant applications, neighbourhood planning and sports development etc. The Council also agreed to a one-off donation of £100 to the Royal British Legion Poppy Appeal to commemorate the centenary of the end of the First World War. Other agenda items included reviewing the Emergency Plan and considering working with Cambs County Council on energy issues.

The Council is relieved that the Girton Town Charity funded work has at last begun on the churchyard boundary footpath, artwork fence and new bus shelter. We apologise that it has apparently proved impossible to phase the work to minimise reduction in car parking space and absence of a bus shelter but such are the ways of modern 'project management'! We hope that by the time this is read the new shelter will be in use, as it is promised to be installed on 19th October. Refurbishment of the car park including the drainage will follow completion of this work so car parking space will continue to be reduced into December.

The Council has learned, indirectly and somewhat belatedly, of a campaign raised by a coalition of Parish Councils (not including Girton!) aimed at converting the Girton Interchange into a 4-way junction with the A428. This group were advised of our concerns that such a change should not add to noise and air pollution for Girton from additional overpasses/raised sections, when it was first raised in 2015. They appear to have proceeded without any consultation with us, however. We shall respond.

Remembrance Sunday

The Ceremony of Remembrance will be held on Sunday 11th November at the War Memorial at 10.50am. We thank all those village organisations and residents who will be taking part. If you would like to join in the wreath-laying ceremony by laying a small wooden cross, please let the Clerk know. The Chairman of South Cambs District Council, Douglas de Lacey, is hosting a 'Battle's Over' event at St Andrew's Church at 6.30pm on Remembrance Sunday, with the lighting of a beacon and a brief firework display, so residents living close by might like to keep pets/animals indoors.

Out and About

A young resident has requested that exercise bars/play apparatus be placed on Mayfield Triangle, and the Council are interested to find out what other residents think about this.

As Christmas approaches, and in the light of a spate of opportunist theft of late from vehicles and houses in the

village, we would urge people to secure their property and possessions to make life more difficult for thieves.

Next meetings

The next Parish Council meetings will be held at St Vincent's Close Community Centre at 7.00pm on Tuesday 20th November and Tuesday 18th December. Members of the public are welcome to attend all Parish Council meetings and to speak in the open session at the start.

A full list of Councillors can be seen on page 34.

Time Banking

I had the privilege of attending a Time Banking presentation as representative of our Parish Council. It was for South Cambridgeshire District Council and was truly inspirational. I wanted to share this with the Parish to find out if there is local need and enthusiasm for such an initiative in Girton ?

The essence of this is for parishioners to exchange time and connect lives. It would require investment from the council and perhaps some funding from charity. The presenter of this talk was from the Cambridgeshire Housing Association and she had some funding available though this was limited and the time constraint to receive it was such that we could not meet her deadline. However the scheme could be of value.

Time becomes a currency, One Hour equals One Credit. A co-ordinator manages this and there is a Parish Toolkit which will be available. The Parish Clerk becomes involved and is the initial point of contact, the requests can be from anyone or indeed any group and the request can be for support with shopping, for companionship with a home visit particularly for the housebound people in our neighbourhood, for private tuition, gardening, setting up a cookery club, sewing or knitting, even support with transporting the elderly or infirm. The co-ordinator has a paid role, which is what funding is used for, and his/her job is to undertake all the health and safety and risk assessments that are necessary when we get involved in each other's lives. Insurance for this scheme is from the Parish Council's insurance.

The golden rule for this scheme is, that in order for it to work, individuals must participate by contributing time in some manner, to be able to benefit from it. In short, for the scheme to function it cannot be a one way street!

If anyone in our Parish feels they would support the development of such a scheme would they write or send an email to our Parish Clerk. There are some very good examples of this scheme which we could explore further if the interest is there.

Gillian Cockley (Parish Councillor)

From Our Councillors

County Councillor Lynda Harford

We've certainly had a lovely summer this year and even as I write we are enjoying a late spell of warm sunshine. However, whilst we may have been enjoying the lovely summer weather County Council Highways Officers have been working to prepare for winter. A new risk based code of practice was published in October 2016 and implemented from 1 April 2018, and all the Council's winter road maintenance policies have been reviewed to reflect this new guidance. To meet its statutory obligations with regard to winter road conditions the Council has a range of vehicles from JCBs to quad bikes, as well as a specialist vehicle for the guided busway. Summer preparations always include ordering any replacement gritters in time for November delivery whilst vehicles in the existing fleet are returned to the factory where they are completely stripped down and then rebuilt. All the vehicles are fitted with tracking devices and front, rear and side cameras which are capable of capturing 10 minutes before and after any incident in which a vehicle is involved. Although Highways England does not set speed limits for gritters, the County Council's vehicles are set with automatic stops that restrict speed to 35mph or less. The price of salt is lower in the summer months and by ordering its supplies at that time the Council has saved about £17,000. Of course, in a high growth area like Cambridgeshire, the financial challenge of maintaining roads all year round increases as new roads are built. The Ely bypass is due to open on 31 October 2018; the phased handing over of the old A14 as parts of it become a local road and the ever increasing cycleway infrastructure are just some of the challenges that will be faced in the near future. As I said last month, due to increased demand for services, there is an in-year gap in the Council's overall budget which means a tightening of the purse strings generally. Regrettably this may mean delays in some non-essential work being done on our roads, but please do continue to report all highways issues online. Our Local Highways Officer makes frequent visits to the village to follow up and you, too can check on progress on the Council's website: www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults/.

A lot of you talk to me about issues that affect the whole community; many of these are highways-related matters; often you ask how the community can help itself to make Girton's roads safer. I have been working with Girton Glebe Primary School and Girton Town Charity on a project to produce some pupil designed safety signs; Girton Parish Council has put in a bid to the County Council's Local Highways Improvements scheme for funding for safety improvements; and there have been several attempts to get a Speedwatch group

up and running in Girton. All these will help, but doubtless there are many more ideas out there that might be useful to explore. With this in mind, supported by the school, the Parish Council and other groups in the village, I am planning a meeting to which you are all invited to come and discuss how we can work together to do even more. Please put 10 January 2019 in your diaries and your thinking caps on.

Lynda

lyndaharford@icloud.com

01954 251775/07889 131022

Follow me on Twitter: @2whit2whoo

A View from the District

Although I am a member of our Scrutiny Committee, which is no longer the dead letter it had become under the previous administration, it insists on having evening meetings, which clash with my Parish Council commitments. I believe the Parish should come first, and would be very interested to know if you agree.

September's Council meeting was one of the most difficult I have ever chaired. As well as the Local Plan we discussed a new scheme of remuneration for Councillors (which we rejected in favour of staying in line with the Officers' increase), and Brexit. All controversial, and at times tempers ran high. The Local Plan was never to my mind a good one and we were forced through the Inspection to make many major modifications, but there was no alternative. At least none of the developers' proposals to add more sites were accepted. For us this means that the St John's fields in Girton remain in the Green Belt. We shall almost immediately begin work on the Plan's successor; we also need to take account of rapidly changing government regulations which already make parts of our Plan out of date. The government has now put building as many houses as possible as its highest priority, replacing the creation of a strong economy. It has also changed the definition of the travelling communities, Gypsies and Irish travellers. The changes mean we are not obliged to create as many sites as previously thought, but it is clear that there are not enough, and local communities are taking desperate measures to prevent encampments. The Conservatives argue we should try to get draconian powers to evict; the LibDems argue we need to provide more spaces so that trespass is not necessary.

It was my pleasure on 14 September to present prizes in the Tenants' Best Kept Gardens competition; particularly as one prizewinner is a Girton resident. The competition encourages a sense of pride in home, and in a difficult year there were some wonderful entries.

On 19 September the Council arranged a mock planning meeting as a training session, and I was asked if I would play the local member in a controversial application. Amusingly, it was based on Anglia Ruskin University's application for its sports pavilion. Our officers had

changed many details and added some nice complications, and the whole morning was well worth while, especially for members new to planning issues.

I try to attend Cabinet meetings, as they are having to discuss some very difficult issues which sometimes require me as Council Chairman to override Councillors' right to challenge a decision ('call it in' for further assessment). Sometimes this is because of tight deadlines of the government's making, sometimes because of commercial confidentiality. I do not do this lightly as I passionately believe in holding the administration to account. Our administration is also struggling with the way the Combined Authority is conducting its business: you may have seen that our CEO added her name to a letter sent to the CA very critical of its activities.

On 27 September before the Council meeting we had a long Police briefing to help us understand how the police currently work. They noted that increasingly crimes such as drug dealing and slavery, as well as cyber crime, are not performed on the streets but in private, and the traditional 'Bobby on the beat' model is inapplicable. I have a number of questions about our policing but unfortunately had to leave before the question time to prepare for the Council meeting.

I have been informed of improved services on the Busway, and increased services (early, late and on Sundays) of the U bus. The X3 and Busway C routes are to be cancelled from November 10, leaving Papworth Everard and Fenstanton without any bus service at all; but Stagecoach say they will fill in the gaps.

On 11 November I am arranging a District Act of Remembrance, with the lighting of a beacon and fireworks at St Andrew's Church. All are welcome, and refreshments will be served afterwards. For details see page 9.

If you would like a fuller monthly report emailed to you please contact me at scdc@de-lacey.org and I shall add you to the list of recipients. If you have any District Council issues you would like to discuss please don't hesitate to ask me.

Douglas de Lacey

District Councillor Tom Bygott

South Cambridgeshire and Cambridge City Local Plans adopted

Last month I reported that the Government Inspectors had declared 'sound' the Local Plans that the two neighbouring Councils had submitted in March 2014. These plans, which govern development and planning permission in our local area, propose 44,000 new jobs and 33,500 new homes by 2031. At September's District Council meeting, the Local Plan for the District was formally adopted. It now becomes the document

through which the District will judge planning applications for the next few years.

I voted in favour of the plan because I do not believe that it will adversely affect the character of Girton, Dry Drayton or Madingley. The fact that a plan is formally in place does however reduce the risk that inappropriate developments could be approved on appeal, with the developer citing the lack of a Local Plan as the reason why their development should be accepted, against the wishes of both local residents and the Council.

Narrowing of the A428

Highways England is currently building an overpass at the Girton Interchange, as part of the A14 upgrade, to carry A14 traffic over the A428. To save money, they have decided to reduce the A428 at this point from four lanes to two. For generations to come, this overpass will be a major bottleneck in the national road network. Although the A428 currently has less traffic on this section than most dual carriageways, Bourn Airfield, Tempsford and other major developments will be built along this road in the coming years. The dualling of the A428 between Caxton Gibbet and the Black Cat Roundabout will make this route one of the most important national routes; a major artery linking East Anglia with the West Country and Wales via Oxford and Milton Keynes. Eventually, it will be necessary to reinstate the missing lanes, and this could be at vastly greater expense.

Our villages, being next to the A14 and A428, are greatly impacted by noise and pollution from those two roads, yet we ourselves benefit very little from their presence.

If you would like to write to Highways England on this subject, it can be done via:

A14CambridgeHuntingdon@highwaysengland.co.uk
A14 Cambridge to Huntingdon Project Team
Highways England
National Traffic Operations Centre
3 Ridgeway, Quinton Business Park
Birmingham B32 1AF

How to report overhanging trees or hedges

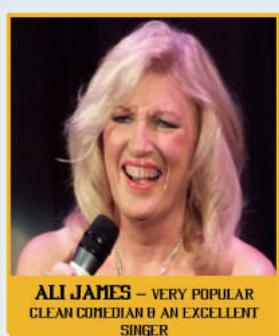
At this time of the year, especially if we have had a nice summer and a long growing season, overhanging trees or hedges can become a problem if they haven't been cut.

Reporting an overhanging bush or tree is easy to do, using the same tool that is used for reporting potholes and other highway problems: *highwaysreporting.cambridgeshire.gov.uk*. It also shows whether a report has been made and what the status of it is.

Cllr Tom Bygott
cllr@bygott.net
07765 475 513

GIRTON GOLF CLUB PRESENTS

CABARET NIGHT



10TH NOVEMBER

A FANTASTIC NIGHT OF MUSIC & COMEDY

FOOD FROM 6:45PM, ENTERTAINMENT STARTS AT 8:15PM

TICKETS: AVAILABLE FROM THE OFFICE AND BAR. TICKET PRICE INCLUDES A CHOICE OF MAIN COURSE SALMON FILLET SALAD AND NEW POTATOES OR PORK STEAK WITH PEPPERCORN SAUCE POTATOES AND VEGETABLES
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FORTHCOMING EVENTS



Friends of Girton Glebe

Christmas Fair

Saturday 24th November
2pm to 4pm
Girton Glebe Primary School
Entry £1 per family (50p individual)

Café
Raffle
Santa's Grotto
Lucky Dip
Tombola
Santa's Secrets

Gift Stalls
Face Painting
Themed activities and much more!

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GIRTON GARDEN SOCIETY

Thursday 8th November at 7.30pm
St Vincent's Close Community Centre

A kaleidoscope of colour – hyacinths
by Alan Shipp

Competitions:

A vase of dried seed heads
A gourd (squash or pumpkin)

Visitors most welcome – £2



Battle's Over

To commemorate and remember the end of the First World War and the many millions who were killed or came home dreadfully wounded,

1,000 Beacons of Light will be lit

7pm on 11th November 2018

– a century after the guns fell silent.

Beacon Lighting Ceremony and and Firework display at St Andrew's Church, Girton

The Chairman of South Cambridgeshire District Council, Cllr Douglas de Lacey would like to invite you all to attend the Beacon Lighting Ceremony at St. Andrew's Church, Girton. CB3 0JP.

Light refreshments will be available.

There will be a collection for the Service Benevolent Funds.

Please arrive by 6.30pm.

RSVP by emailing suzanne.roy@scambs.gov.uk

*Friends of St. Andrew's Church present
a welcome return*



Lucy Bunce-

Voice & Harp

Songs for Christmas

"...inspirational folk sounds..."

"...hints of Celtic..."

"...glimmerings of jazz..."

Saturday 24th November at 7.00pm

St. Andrew's Church, Girton

Tickets: £10 each, including a glass of wine

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Or call 01223 276333

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**TOP
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AWARDS**

**Storeys Field Centre
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**30th November -
14th December 2018**

FORTHCOMING EVENTS



Did you know?

THE WI IS HERE FOR YOU

THE WI IS WHAT YOU MAKE OF IT

THE WI IS WHAT YOU WANT IT TO BE

Be there at the opening of a new WI
to be held in the CFWI office

**Oakington Road, Girton
12.30 – 2.30pm
Friday 16th November**

A light lunch of soup (and cake) will be served
followed by

**Fig Leaves, Farthingales and Fichus
- The evolution of fashion from fig leaves
to the modern day**
by Fran Saltmarsh

Come on! Give the WI a try.

Further enquiries: office@cfwi.co.uk
Tel: 01223 234872



Can't Sing, Can Ring Doorbells!

Can you spare a couple of hours in the run-up to Christmas to help Girton Carol Singers collect for charity?

Every year a band of enthusiastic carol singers tramp the streets of Girton, whatever the weather, singing carols and collecting money door-to-door. We would welcome new people, of all ages, to join us this year!

So what about the 'Can't Sing' in the headline? Well, if you would like to help but prefer not to sing, we would be delighted if you could help with the collecting! With a dedicated group of collectors, the singers can get on with the singing, and we can cover more streets! Young collectors are welcome, but need to bring an adult with them.

This year's charity is PTSD 999, which specialises in providing support for post-traumatic stress disorder for all members of the emergency services, both serving and retired, voluntary, family and friends.

The Carol singing dates are:

- **Thurs. 20th December:** Singing to the Church end of the village. Meet outside St Andrew's at 6.30pm.
- **Sat. 22nd December:** Singing to the Thorntons area. Meet on Thornton Road, at the lamp-post nearest Girton Road at 6.30pm.
- **Mon. 24th December:** Singing to Wellbrook Way and Weavers Field. Meet by the Sensory Garden at 6.30pm.

We aim to finish singing at around 9pm every evening, but you are welcome to join us for as much or as little of that time as you wish.

There is more information on our website: Girtoncarolsingers.org.uk or you can find us on Facebook, or phone Helen on 276940.



**St Andrew's Action Abroad
Fund raising coffee morning!**

Raffle and bring & buy: cakes, preserves
etc, all contributions welcome.



Please come to support and chat

Saturday 17th November, 10:30 – 12 noon
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GIRTON SOCIAL CLUB

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FORTHCOMING EVENTS

MUSIC AT GIRTON

**SUNDAY 4 NOVEMBER at 2.30 pm
(until 3.30 pm)**

Stanley Library, Girton College, Cambridge

**Andrew Kennedy (tenor)
and Martin Ennis (piano)**

Admission free; retiring collection

**SUNDAY 11 NOVEMBER at 2.30 pm
(until 3.30 pm)**

Chapel, Girton College, Cambridge

Marilyn Harper (organ)

Admission free; retiring collection

**SUNDAY 18 NOVEMBER at 2.30 pm
(until 3.30 pm)**

Stanley Library, Girton College, Cambridge

New Horizons – Diverging Paths

Admission free; retiring collection

**SUNDAY 25 NOVEMBER at 6.00 pm
(until 7.15 pm)**

Chapel, Girton College, Cambridge

Advent Carol Service

(Please note that this is a service rather than a concert; however, all members of the public are welcome. You are advised to arrive early to secure a seat.)

Admission free; retiring collection

Annual Village Christmas Evening

**from 7pm on Friday 7th December 2018 at
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GIRTON WALKING GROUP

Saturday 3rd November – a 6-mile walk along the Hardwick footpath, taking in the villages of Hardwick, Comberton and Caldecote. Meet at the Blue Lion pub at 10am. Parking available at the pub, but if you do not intend to use the pub, please use the car park at the Sports Centre on Egremont Road CB23 7XR, a short distance away, and walk to the pub. Be prepared for mud if the weather has been wet.

Saturday 1st December – a science walk, led by a Girton resident, around sites of scientific interest in Cambridge city centre. Meet at 10am at the junction of Grange Road and Adams Road. Please bring your Camcards or residents' passes, so as to be able to enter colleges.

For more details about either walk, and to ask for a lift, contact Gina Lane at ginaklane@aol.com.



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Arlington Manor Care Home Opens



arlington manor
 a hallmark care home

The new Care Home in Wellbrook Way, Arlington Manor, was officially opened on 16 October. Professional dancer Ian Waite, who is best known for his appearances on the BBC's Strictly Come Dancing, cut the ribbon in front of 200 guests as part of the official grand launch event.

Guests were invited on a tour of the 85 bed home's state of the art facilities, which include a cinema, hairdressers, therapy room and café. Other design innovations include a physio room, a music room, a celebrations room which can be reserved for functions, a winter terrace and an outdoor putting green.



Hallmark's Ram Goyal and Avnish Goyal, Arlington General Manager Zoe Kirk, and Strictly dancer Ian Waite cut the ribbon.

Arlington Manor is the newest of a series of Care Homes operated by the Hallmark group, who manage altogether 18 Care Homes across southern England and South Wales. In the 21 years since they started, their homes have won a number of awards, and Managing Director, Ram Goyal, emphasised that each new home has learned from its predecessors. Much thought has gone into the design, with plenty of natural light and access to the open air on both the ground and first floors, and there is throughout a sense of space and the absence of an institutional feel. Ian Waite, speaking at the launch, commented: 'It's not a care home, it's a home. The space and the light is astounding and I'm sure anybody would want to come here.'

Mr Goyal said: 'We are looking forward to making Arlington Manor a part of the community, providing outstanding care for residents in the future, enabling them to live life to the full.' Hallmark Care Homes Chair, Avnish Goyal, stressed their commitment to designing homes that will support and enable residents to continue to live the life they enjoy, in safe and comfortable surroundings, and he paid a special tribute to the dedicated staff in all their homes.

Also present was General Manager Zoe Kirk, who expressed the hope that Arlington Manor would become a well-respected part of the Girton community, and welcomed the first residents into the home.

For further information, visit www.hallmarkcarehomes.co.uk.



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News for Older Residents



Are you over 65?

Is playing with grandchildren and/or gardening an important aspect of your life? Do you enjoy being active and getting out and about? Would you like to stay independent as you grow older?

If you are answering yes to these questions the **Stay Stronger for Longer** campaign is for you. This joint initiative, launched in October, encourages the over 65s to take up strength and balance exercises twice a week in order to halt and reverse the decline in muscle, bone and balance. This has been proven to keep people steadier, stronger, reduce the risk of falling and so enable people to continue doing the things they enjoy. The cost of serious falls in Cambridgeshire and Peterborough in 2017 was about £85 million, never mind the huge change in lifestyle and quality of life for those people who fell.

A **super six exercise leaflet** is now available and hopefully by the time you read this I will have lots to give away. Doing these exercises twice a week at home can reduce your risk by about 30%. Let me know your address and I will drop a leaflet through your post box. Much more information can be found on www.cambridgeshire.gov.uk/strongerforlonger.

Please remember the local Strength and Balance classes continue weekly at 10.30am on Wednesdays in Gretton Court and 10.30am on Thursdays in Orchard Close Community Room.

As part of this campaign, Functional Fitness MOT's are also available when physical function tests will be carried out in a fun and relaxed atmosphere to increase your understanding of the different components of fitness. The local one is on Thursday 1st November, 2-4pm at Franklin Gardens, Cottenham, CB24 8QW. You can drop in during this time or book a specific time by contacting Ellen Bridges on 01954 713294 or emailing ellen.bridges@scambs.gov.uk.

And the Christmas party is on Wednesday 19th December in the Pavilion, more details next month.

Several people need cleaners, can you recommend someone who has availability to help others in our community?

Patricia Johnston, Older Residents' Co-ordinator
Tel: 07469 660 866
Email: patricia.johnston@ageukcap.org.uk



Girton WI

John Burnett, Principal of the Cambridge Academy of English in Girton, always had a love of words and language which has proved invaluable to him in his

career of teaching all over the world. When in 2013 he was diagnosed with a rare form of cancer, it was words that sustained him and he started writing poetry. He gave one of his first poems to parents whose son had been killed in action in Afghanistan. From there the word spread.

Grateful for the medical help he was receiving to combat his illness, John wanted to give something back and he started a fund-raising project for Addenbrooke's Charitable Trust. The aim was to publish a book of Precious Poems, small enough to fit into a patient's dressing gown pocket. These poems encompassed all aspects of life – joy, fear, love, people and faith. John hoped to raise £1000 along the way. The Saturday *Cambridge News* gave him a centre spread, and many people have been helped in times of stress.

John has reached his target of £1000 and a second print is now underway. He read us a selection of his poems, both poignant and humorous. Many of our members were eager to have a copy of the book. To find out more, you can go to the Oncology Department at Addenbrooke's, where Macmillan have a 'pod' with copies of the book for a suggested donation of £5 which will go towards the next £1000 for the Trust. Also, visit www.preciouspoems.co.uk.

Our next meeting will be in the Pavilion on Thursday 1st November when we will be making Christmas cards. Contact girtonwi@gmail.com for information about your local WI.

Rosemary Jones

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is looking for an additional typesetter to join our team.

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October with Girton Youth Project

Some of you will be pleased to hear that our Thursday group and members of staff survived a night at Scaresville as part of our Halloween Celebrations, although my eardrums are still ringing from the screaming.

At Girton Youth Project we pride ourselves on making the Club personal to the young people that attend. We do this by listening to the needs of our group: whether that be a new game for our PlayStation, a particular trip people may wish to attend, offering the arts award, supporting a new hobby or learning to cook during Mess Club.

We are always welcoming new people to join us on either a Monday or Thursday evening, so if you are a young person aged between 8 and 18 and want a place where you can hang out with your mates and have some fun, check us out on our Facebook page or website: ymcatrinitygroup.org.uk/family-support/gyp/.

Club times are as follows:

Monday group is for ages 7–11, from 4.30–6pm.

Thursday group is for ages 11–18, from 5–9pm.

Rachel Rason

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Girton Garden Society

The first of our new season of Garden Society talks was given by Rodney Tibbs on the topic of ‘Your own Mediterranean Climate’, a history of greenhouses.

Emperor Tiberius liked his cucumbers. To this end he had a greenhouse built with good strong Roman glass. The glass-making kiln would have reached 1000°C! Nowadays we who also like cucumbers can grow them in either a basic greenhouse structure with wooden or metal frames or one with hi-tech controls. The glazing can be glass or polycarbonate.

There is an early record of a greenhouse built in Leiden, Holland in 1599. Building with glass went from strength to strength and in 1850 Sir Joseph Paxton built the all-glass Great Exhibition Centre in London in less than one year. (It survived for nearly a century but unfortunately burnt down in 1936.) Thereafter Kew and Wallingford built their giant glass structures, enabling tall trees to be accommodated. Most of them were heated by a stove attached to the outside of the building.

Today we can heat our garden greenhouses or conservatories to allow us to grow Mediterranean plants. For gardenias and hibiscus, a temperature of 15.5–21°C is needed, for bougainvilleas, citrus, streptocarpus and cymbidium, 15–16°C, and for cyclamen, solanum and chrysanthemums, 4.5–7°C is called for. Unheated glass frames or greenhouses enable the growing time to be extended at the beginning and end of the season.

On a grander scale, the Eden Project, a vast undertaking to showcase the world’s most important plants, has 3 inches of space between the layers of ‘glass’.

Felicia Moor



Girton Glebe Primary School Autumn Jumble Sale

Friends of Girton Glebe (FOGG) would like to say a huge thank you to everyone who donated, helped at and came along to our autumn jumble sale held at the end of September. We very much appreciate the support we receive from the Girton community and are delighted to report that we raised over £1200 for the school which will be put towards resources and activities for the school’s pupils.

Next on the FOGG calendar is our Christmas Fair on Saturday 24th November, from 2pm to 4pm – more details can be found in the Forthcoming Events section and on our website at www.foggpta.org.uk We hope to see you there!

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- Jill - Histon



Date of writing this November article is Sunday 14th October. A miserable day with rain sheeting across the site. Always a pity when bad weather strikes at the weekend when those at work Monday to Friday could be out on their plots. Only 2 weeks now before we lose the opportunity to snatch an hour or two in the evenings. However, I have just come indoors after popping out to talk to a hardy member who didn't mind getting wet while planting his over-wintering broad bean seeds. We needed to discuss our football team's new manager and revised prospects.

There have been some shared society events since I last wrote. In September there was a gathering in the communal orchard for sharing of experiences, exchange of recipes involving allotment produce, and tasting of results. Chilli biscuits and courgette and bacon slice were on offer.

After the mowing of the wildflower 'meadow' and the resulting shedding of seeds, in late September a team met to plant a thousand wildflower bulbs. These included English bluebells (not the imported Spanish variety), wild daffodils, snowdrops and wild garlic (chefs, take note). These should grow and flower before last year's flower seeds grow and engulf them.

Then on 28th September the Annual General Meeting took place. Thirty-six members attended at the Cotton Hall. Officers presented their reports and there was discussion on various matters of allotment practices. Perhaps the most significant agenda item was that Ray Gordon was stepping down from frontline committee work (though it is certain he will continue to make vital contributions where his expertise is required). Here is an extract from the minutes which sums up Ray's many, many years of dedication to the Allotment Society.

In recognition of his dedication to GAS over so many years, he is being given life membership of the Society. The Society is profoundly grateful for his very long service, commitment and unparalleled hard work on behalf of the Society.

At AGM time and the end of the Society's financial year, it is the time of changing plot occupancy. Some members relinquish their plots, or reduce the amount of their holdings. Reasons vary: moving away from the area; demands of work preventing sufficient time for the allotment; occasionally health reasons. Enthusiastic newcomers are enrolled into the Society. The question then is: will the enthusiasm be long term, or, when the demands of maintaining a plot become clear, will there be second thoughts?

I have always tried to make my bi-monthly article objective, glean the experiences of other members, and looking widely at site activities. However, just for once, I write about my personal situation regarding the allotment. I am one of those who have reduced the size of their plots. I have been a member for about 20 years. Starting from a minimum experience of vegetable growing, I think I can say I have made an increasing success of allotmenting. Plenty of produce over a wide range of vegetables, in fact sometimes embarrassing surpluses. In spite of advancing years, there is no physical problem with the work. Surplus produce, even after giving lots away, is a reason. But mainly I have been spending such long hours at the work that I have neglected other hobbies and activities, and it's time to turn to them. I am retaining enough ground to grow favourite crops. And I certainly wouldn't want to lose friends and acquaintances out there, and (cumulatively) hours and hours of conversation on horticultural and other topics. I've been assured that I can continue with the bi-monthly article, and I'll be enjoying doing this until I'm sacked.

The main task over coming days will be clearing-up and tidying. Even after 20 years, I still marvel at the volume of vegetation that grows from the tiny seeds we planted months ago. As far as possible the decaying vegetation goes into compost heaps and bins for enriching the soil in future years. There is the sowing of green manure, some to be dug in this year (such as field mustard) or to over-winter (such as grazing rye, red clover, winter tares). Some members swear by winter digging. Some sowing/planting is being done: broad beans, garlic, onion sets, peas. I am trying late little gem lettuces, half outdoors and half in the greenhouse.

Always so much to do. Perhaps my partial giving up of land won't make any difference!!

*Graham Jones
Girton Allotment Society*



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during Community Choir sessions, which take place in Girton Glebe School Hall on Wednesday evenings at 7.30pm. The 'boys' would love to add more members to their group, especially as Christmas is not too far off and we have bookings in various venues to sing Festive Songs, both old and new.

And if you are not in possession of a deep voice, there are others who would appreciate your company – namely the soprano, alto and tenor sections. You don't need to audition, just come with the intention of having fun and making new friends. You will be very welcome!

Undecided? Phone Jane on 01223 474667 for more information.

Garden Tip of the Month – November

I'm writing this now in mid-October and we have scarcely tasted autumn; it's still like late summer! By the time you read this we may be in the iron grip of frost, but I doubt it! It's so hard to know in advance when to plan for frosty nights, but you can plan how you will respond. Is there space for the plants that need to be moved indoors or to a sheltered spot? Have you fleece ready for plant protection? Checking these will make a rapid response feasible, instead of having to deal with some sorry looking specimens that can lower morale!

Collecting leaves is often a November task. I know I always bat on about how leaves are a valuable resource, but it does make the process seem more worthwhile if you are going to get something back from the effort!

When you're not collecting leaves, some shrubs that are prone to wind rock, such as mallows, large roses and buddleias, should be shortened by about half to avoid damage. If you have climbing roses, crack on with the pruning and training.

George Thorpe



Cottontails Preschool

This month at Cottontails we celebrated Harvest with much discussion about food that we like and being thankful for the food we have, what harvest means and of course combine

harvesters and tractors. We have been cooking, making delicious blackberry and apple crumble and vegetable soup. The children gain so many skills from cooking activities including maths skills while measuring, weighing and counting out ingredients and safety using tools while peeling and chopping vegetables and fruit. We also visited St Andrew's Church where the children helped Reverend Mandy to tell the story of Noah's Ark. We were also very lucky to be allowed to ring the church bells!

We enjoyed activities as part of World Space Week with a space station role play area and junk modelling to build space rockets which involved many cardboard boxes, tin foil and lots of tape.



Conkers have been a huge part of the children's interests this month. None of the children (nor indeed some of the staff!) can resist a conker and we have stopped to collect many on

our walks to forest school each week. We had great fun conker rolling with paint. We explored colour mixing, the patterns and shapes we created and we also reviewed which were the best shaped conkers to roll; those that were completely round or those with flat sides.

Cottontails is managed by a committee whose members are made up mainly of parents of attending children. We have just had our AGM and a new committee has been appointed. I am delighted to have them on board and would like to thank them for joining. I would also like to thank the committee who have stepped down for all their hard work last year. Without the committee we would not be able to run, so I appreciate both old and new committee members' commitment and their support to me and the staff team in our day to day running of the preschool.

If you would like any further information about Cottontails, please visit our website www.cottontailspreschool.org or contact us on 07935224607 or info@cottontailspreschool.org.

Laura Norman

Cottontails Preschool Manager
manager@cottontailspreschool.org

GIRTON scoreboard



Girton Bowls Club

As we have now reached the end of the outdoor bowls season it is interesting to look at our final position in all the Leagues in which we played.

- In the Cambridge and District League Division 5, we finished third out of ten teams, narrowly missing promotion to the higher league. Only the top two teams are guaranteed promotion. We will try again next year.
- In the Ely and District League we finished in seventh position out of a total of twelve teams, having been promoted last year. This is an excellent achievement for our first season in the higher league.
- In the Business Houses League we finished in second position, which has given us promotion to Division 1 next year. It was a very close run competition, which was not decided until the last few games were played.
- In the Meldreth League we have had a few successes and have enjoyed the experience of playing against new teams and visiting new venues.

Congratulations to all our members who have contributed to a wonderful season of bowls, culminating in these excellent achievements.

In the internal ladder competition Anne Eusden finished at the top. Well done, Anne.

Our annual prize giving evening was held on 29th September at the Girton Golf Club and proved a most enjoyable evening. Our thanks go once again to the chef and all the staff at the Golf Club.



Annual prize giving dinner

The Indoor/outdoor league will be continuing throughout the winter season, all games being played at Chesterton Indoor Bowls Club. A new venture for this winter is Short Mat Bowls, which is another version of indoor bowls although played on a shorter rink. A block of wood placed part way down the rink has to be

bowled around to reach the jack at the far end. We plan to enter a team if there is enough interest.

The Bowls Club AGM will be held on 30th November at 8pm at Abbeyfield.

Lynn McGill



Girton Golf Club

Yesterday was 23°C and sunny today is cold, wet and miserable; who would be a green keeper in this strange climate of ours?

Not sure where 2018 has gone but suddenly we are taking Christmas lunch and dinner bookings in huge numbers and having to discuss availability with new groups looking to book for their festive get-together. At £19.95 for 3 courses and only £16.95 for 2 it is a great deal with a wonderful menu, but even so, we have been surprised and delighted with the response from local societies, groups and families. If you want to come along then please call and talk to Steve Drage to check availability in December.

We are sorry to have lost Kevin, our chef for most of this year, who has moved to a role nearer home, but absolutely delighted with the appointment of Ben, who joins us from the University Centre and with whom we look forward to lifting the catering offerings to an even higher level.

Social events are still running at a pace through the end of the year. We have a Cabaret Night coming up on 10th November with two great singers, Michelle Borkertas and Simon Rose (Michelle is a change from the original singer advertised) and a brilliant and clean comedienne, Ali James, as well as a choice of meal on the evening – all for £20 for members or £25 for non-members, which also gets you 12 months' social membership.

Remember Girton Golf Club is open every day for excellent coffee or tea and cake, or a lovely lunch with specials on offer changing weekly. Two lunches for £12 can't be bad, with another 15% off for all members. No need to book yet, you can just walk in and order.

We are still open for golfing memberships for all ages and standards: juniors (from age 6 upwards); ladies of all standards or those who want to learn and enjoy social golf with new friends; and seniors, over 55, who meet and play in numbers on Tuesday and Thursday mornings and in small groups every other day of the week. We also attract the experienced lower handicapper, perhaps who is working during the week, but wants to relax and compete at weekends. We have many different schemes to meet the time and financial constraints of all of those groups. Contact our Pro shop to discuss how we can meet your needs. They will also work with you to meet other players of your standard so it can be fun.

Girton Golf Club Ladies raised over £500 at a MacMillan Cancer Support coffee morning, a brilliant result for all the hard work that members, and their families and friends, put into the event.

Girton Gents took on Girton Ladies on Saturday 13th October in the annual match and once again the ladies came out on top. This game really marked the last match of the season for our Captains Steve and Kim Andrews, with Kim getting bragging rights, and if rumour is correct, also her dinner cooked.

Alan Henderson-Smith
Tel: 01223 276169
www.girtongolf.co.uk



Girton Colts Football Club

CALLING ALL GIRL FOOTBALLERS!

If your daughter is in years 3, 4, 5 or 6 and has an interest in playing football we would like to hear from you. With enough players we will

hold free 'introduction to football' sessions before Christmas. From this we would then form teams for training and competition. It's a great opportunity to improve fitness, work as a team, make friends and have fun. To register your interest please email chair@girtoncolts.co.uk with your contact details.

The Mini Kickers have been making great strides in October and we have been focusing on the FA four corners, social, technical, physical and psychological. This has proven to be a real success for the boys and girls of the village. The Under 7s team had their first win of the season 6-0 against Histon.

October was a quieter month for the Under 8s team, after a friendly 2-1 win against the Histon Hornets at the end of September. The only competitive match this month was lost away at Waterbeach, but players returned in good spirits and heads held high on the back of a strong performance amid severe weather conditions. The team has grown stronger together and we continue to foster a positive and inclusive ethos in our get-togethers.

The Colts U9s have continued to improve and develop together over the last few weeks. Working hard and having fun in training has carried over into the matches played. A wonderful cup game against Mildenhall led to a thrilling 5-3 win in the last couple of minutes. This gave the team a lot of confidence and led to great performances in an 8-0 win against Shepreth and a very tight 2-0 loss to Bottisham.

The Under 11s have had three matches in the past month. In the cup they were again drawn against strong opposition in Bar Hill, who ran out comfortable winners. A week later the team travelled to Chatteris in the league. This was a very close game with Colts coming from behind to lead 3-1 and 4-2 before finally

sealing a 4-3 win in terrible weather. Alex Stafford was man of the match for a sterling performance on the left side, which he capped with the 4th goal (a penalty). After defeat in the cup, the team had a much more favourable draw in the plate. Steeple Morden Magpies were over-powered as William Hawkes scored 4 and James Barge 3.

Girton Colts U16s are concentrating on the league after a narrow defeat against Comberton in the League Cup. Focusing on the recent game in our league, we had a 3-1 defeat against Chesterton Eagles. Our highlight was a superb volley from Joe Pinner but it was not enough to get us back in the game. Still, the games have all been good fun this season and all the boys continue to gel as a team and will no doubt give it a real go over the coming games running up to Christmas.

For information about the club, contact info@girtoncolts.co.uk.

Kevin White



Girton Netball Club

Our coach Helen Stepney has been focusing on our passing and has been very patient with us. She has given us much to think about and we are trying to apply our new skills in

our match play – we will see how that goes in our next match against the Witchford Witches. We won our first match against Linton 24-7, with shooter Rosie Lowe



Another goal by Rosie Lowe on a beautiful evening

being voted Player of the Match due to her skilful scoring and ability to defend the goal. Our second match against Wildcats 1 was more challenging – we played our hearts out but just lost 18-22.

Girton Netball training sessions are run on a pay-and-play basis (first session is free) so you can come as and when you're able. They are held at the Girton Recreation Ground on a Monday evening (7.30–8.45pm, term time) – if you would like to come along, please

contact Mel at girton.village_netball@gmail.com or see our Facebook page at tinyurl.com/girton-netball for information on when and where we'll next be meeting.

Claire Chapman

...continued on page 24

GIRTON scoreboard

... continued from Page 23



Girton Tennis Club

The Club's junior sessions have been a weekly fixture for many of the village youngsters this year.

Running every Friday from mid-April until the end of October, they provide a safe setting for the youngest Club members to learn the sport. Tennis-based activities are a great way to develop focus, agility and coordination. Competitive games challenge children as they acquire more skills. The biggest reward is that our juniors had great fun practising an outdoor sport with their peers.



The sessions are run by a small team of Club volunteers and parents, and the admirable enthusiasm and dedication of our own Alan Richardson helps this to run so successfully. A big thanks to all of you for your enthusiasm and support, it is much appreciated.

We are greatly encouraged by the great response and wide participation in the sessions this year. It's fantastic to see that some of you play tennis with friends or family when the weather allows, and we look forward to seeing you all back in the spring. In the meantime, our sessions for adult club members continue throughout the winter so do come along on a Friday night from 7.30pm.

We play on the Girton recreation ground courts and members who purchase a key have court access during most daylight hours. Potential new members are very welcome to come along to our Friday club nights for one or two free sessions to check it all out.

Details about our activities can be found on our website www.girtontennisclub.uk or by contacting our Membership Secretary Kevin Keeves on 276660 or by email info@girtontennisclub.uk.

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News from Girton Glebe Primary School

We have had a range of exciting activities taking place in and around school over the last four weeks which have enriched the wonderful work

that has been taking place within the classrooms at Girton Glebe Primary. Please read on for a round-up of the last month's news and events ...

Jumble Sale Success

On Saturday 29 September FOGG (Friends of Girton Glebe) hosted the autumn jumble sale in the school hall, selling clothing, toys and games, books, bric-a-brac and cakes and refreshments.

Thank you to all FOGG members and school staff who helped organise this event. Your dedication is hugely appreciated and you helped to raise over £1200 for Girton Glebe Primary School – an amazing achievement!

Thanks also to parents, carers and members of the local community who came out to support this event by purchasing items from the jumble sale, funds from which will help us to provide further opportunities for the children attending our school. The jumble sale was incredibly well attended and it was lovely to see so many people out in support of Girton Glebe Primary School. Thank you!

Our Year 6 Pupils Visit France

On 1 October, our Year 6 children departed for a week in France led by four hugely dedicated members of staff. The coach left school at 8.15am and our pupils made the journey to Criel-sur-Mer where they spent the week staying in the gorgeous Château de Chantereine.

The itinerary for the week included a visit to WWI battlefields, a guided tour of Rouen, croissant making, a trip to Nausicaa (the National Sea Centre) and a tour of an orchard.

The children also went to Dieppe where they were given a guided tour of the town before enjoying some downtime and a picnic on the beach. The weather was fabulous and the children had a wonderful time playing games and skipping stones.



Huge thanks to Mr Austin, Mrs Tate, Ms Mansfield and Mrs Harman for accompanying the children on this trip! The pupils were fabulous ambassadors for Girton Glebe whilst they were in France and, during their stay, we received glowing feedback from Kingswood, who run the château, about the visit – the Tweet shown above is testament to their fabulous attitude during the residential. Well done, all!

Open Evening – An Invitation

I would like to welcome you all to the Open Afternoon and Evening we will be hosting on Tuesday 6 November (2–3pm and 6–7pm) where you will have the opportunity to talk to staff, meet our governors and experience the wide range of activities taking place around school.

The sessions will begin with a presentation by the Headteacher before you are free to visit classrooms. We will also be joined by Ryan Kelsall, Principal of Impington Village College. Our Year 6 ambassadors will be giving guided tours of the school if you wish to join them. I look forward to seeing you there!

Ex Girton Pupils, Where Are You Now?

We are currently seeking ex Girton Glebe pupils who would be willing to return to the school to share stories of their subsequent careers and lives with our children. We would love to hear about your career choices, successes and interesting life-stories since you left Girton Glebe. If you would like to support us with this venture, please do get in touch.

Mr Andrew Simpson
Headteacher
[@GirtonGlebePS](#)

Macmillan Coffee Morning at Abbeyfield

The residents of Abbeyfield Girton Green want to give a big Thank You to the people of Girton who attended the Macmillan Coffee Morning on 28 September.

The generosity of those who came resulted in the sum of £738.30 being raised for Macmillan.

The residents of Abbeyfield had provided cakes for sale, and Abbeyfield management made the restaurant facilities available and provided some staff to help the volunteer workers. Support was also given by Girton Co-op and Sainsbury's at Eddington.

'Guess the weight of the cake' was won by Marie Dixon, daughter of an Abbeyfield resident. Lively entertainment was provided by 'Flukes', our local ukulele group, who played popular songs to which the audience joined in the chorus.

Everyone went home whistling.

Taking early action can help avoid debt problems

If you are finding it difficult to keep up with your bills, or getting into debt, why not seek advice early on to help you manage the situation? Girton Town Charity which receives regular approaches for help that cannot be met within its remit, asked Rachel Talbot from Citizens' Advice Bureau to put together some advice for those experiencing financial problems. Helen Tonks from CHS Group has also contributed some tips for those with debt relating to housing.

By asking for help you don't have to struggle alone and can start solving or preventing money problems such as: running up debts, not claiming benefits to which you are entitled, or having unpaid bills which could mean services, like your telephone, being cut off or you are threatened with being taken to court.

Taking action

If you feel anxious about money, it may feel easier to ignore the problem. But this is not helpful as costs can quickly escalate and the situation will get worse.

Take steps to start helping yourself by gathering all the information you have such as bills, letters, statements and contracts.

Open everything up and sort it into different piles for the different people you owe money to.

If you need more support or don't know where to start paying off debts, you're not alone. Most people in debt aren't sure about the best way to do this.

Even though it might be tempting to take out payday loans to help with the problem, it's better to avoid this type of borrowing as it can store up even greater trouble later on.

Help is at hand with a number of free options, including confidential help and advice and services available nearby. The CAB visits Girton every Wednesday afternoon at St Vincent Close Community Centre (drop-in service 1.00-4.00pm), or you can call on 0344 848 7979 or visit www.cambridgecab.org.uk where you will find useful information about debt and money matters in the 'Find Advice' section.

It is always helpful if you can look at your budget so you have an idea about what your income and expenditure is before you come for advice as it means we can help you more quickly.

What is a budget?

A budget is a plan for your money, week by week and month by month. It tells you how much money you have coming in, how much you need to allow for essential costs



and how much you have left towards other things you need.

It is your most important money tool. It helps you stay in control, feel less stressed and more confident about the future. It also provides evidence to the people you live with or anyone you owe money to, about what you can afford and if cutbacks can be made.

Budget tips

Getting an accurate and realistic budget can take a little time so try these tips:

- Gather all the information you think will help including bank statements, bills, receipts and keep them in one place in a large folder or an envelope
- Don't forget about smaller items which can quickly add up. A Spending Diary is a great way to check these.
- Remember occasional costs, such as birthdays, repairs or new shoes as it is these costs that tend to cause problems if you have not allowed for them.
- Do your budget with a friend or support worker to help you think through everything and to give you encouragement.

An easy-to-use tool for budget planning is available: www.moneyadvice.org.uk/en/tools/budget-planner

Managing debts

If you have debts – bills and borrowing that you cannot pay when they are due – it is important to know the difference between 'priority' and 'non priority' debts.

Priority bills are the ones that you need to pay first because if you don't the consequences can be very serious. For example, if you don't pay your rent you may lose your home or if you don't pay court fines you could face prison.



The most important bills to pay first are:

1. Housing rent and service charges (or mortgage if you own or part own your home). For tenants of social housing, it's a good idea to contact your landlord as soon as possible to explain the situation, ask if they can provide any help or support and come to an arrangement to make payments. They will be experienced in helping people in financial difficulty (and may have resources to give wider help with money and debts), and are more likely to be able to assist if you get in touch at an early stage.
2. Council tax – even if you qualify for your local Council Tax Reduction Scheme it is likely that you will have to make a contribution to your council tax bill. You can find out how much you need to pay from your local district council.
3. Electricity and gas bills.
4. Court fines or child maintenance that you are responsible for.
5. TV licence.

The consequences if you don't pay these bills can be very serious. If rent or mortgage payments are not made, you may lose your home. If electricity or gas bills are not paid, you may have your supply cut off. If council tax, TV licence or court fines/child maintenance are not paid, you may have money taken directly from wages or benefits, have your belongings taken and sold or even go to prison

Additional support

Don't pay other borrowing until you have dealt with your priority bills. This will keep a roof over your head and help you avoid costly fines or having your energy supplies cut off.

For additional support, visit CAB or if you would rather speak to someone on the telephone or use the internet, here are some reputable organisations:

StepChange: Freephone 0800 138 1111
Mon-Fri: 8.00am-8.00pm, Sat: 8.00am-4.00pm
www.stepchange.org

National Debtline: 0808 808 4000
Mon-Fri: 9.00am-9.00pm, Sat: 9.30am-1.00pm
www.debtadvicefoundation.org

Debt Advice Foundation: 0800 043 40 50
Mon-Fri: 8.00am-8.00pm, Sat: 9.00am-5.00pm
www.debtadvicefoundation.org

Help in a crisis

A crisis can occur for lots of different reasons such as benefit delays, losing a job, an unexpected bill or gradually things getting more difficult until you feel you can no longer cope. If you don't have enough money to feed, clothe or keep warm there is help available. There is no need to struggle alone.

Foodbanks provide an emergency supply of at least three days food. Getting help from a foodbank is straightforward and they support many people every year. To get your food you need a foodbank voucher which you can get through CAB or there are other organisations that can help you with this. Find more: www.cambridgecity.foodbank.org.uk

Talk to someone

If you are feeling stressed, worried or experiencing feelings you can't manage, it will help to talk to someone who will listen, won't judge and will help you through.

All of the below are free phone helplines:
Samaritans: Call 116 123 available 365 days a year, 24-hours a day.

NHS: Call 111 and press option 2 for a 24-hour service for people in a mental health crisis living in Cambridgeshire and Peterborough.

Lifeline: 0808 808 2121 7.00-11.00pm, seven days a week.

Finally, if you would like to see how good you are at managing your money, check your money skills: www.makingmoneycount.org.uk/universal-credit/money-skills-for-universal-credit/

The information contained in this article is also available as a GTC printed leaflet or as a downloadable pdf on www.girtontowncharity.co.uk

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CLUB 55 GIRTON

The Club 55 article is published over a different signature this month. Sam Clift is enjoying a well-deserved and needed break. 'Enjoying', unfortunately, may not be the appropriate word ... Sam is sharing his visit to South Wales with Storm Callum.

The Club 55 Film Club section's showing on 11th October was 'The Guernsey Literary and Potato Peel Pie Society'. An intriguingly titled film, it is the story of a young author who in 1946 visits the Channel Islands to research the German occupation of the islands during WW2. The title reflects the power of books to bind together the community and the near-starvation conditions endured. Brutality, love, self-sacrificing heroism and humour are interwoven through the film. When I first saw it, I had anticipated from the title a light comedy; but it turned out to be a film of important themes. It was enjoyed by members, a relief to me as I had recommended the choice to Sam. September's 'The Post' dealt with the huge theme of the Vietnam War, the Pentagon Papers and Nixon's attempt to close down the Washington Post. So the film afternoons, in addition to social get-togethers, do cover diverse issues.

Cinematographic work continues in a different domain. Last week members of our Christmas panto, 'Dick Whittington', went out on location to an atmospheric setting in a nearby village. No more detail or plot spoilers here. But imagine the surprise of a delivery man who looked in to enquire if he was at the right address and found a cook, a cat and Dick Whittington in action. Perhaps this little glimpse will whet your appetite to put the Club 55 Christmas Party, Wednesday 19th December, into your calendar.

Club 55 in its three incarnations continues to thrive, providing opportunities for getting out and about, social interaction and friendship, sharing of concerns and, not least, fun and laughter. I forget how many years ago I was asked to stand in for one of the Computer Club 'tutors'. From this 'one-off' occasion, I got more and more involved and have ever since been glad of the friendships, acquaintances and social interaction the Club has afforded.



Almost daily we hear of Matt Hancock, Health Secretary. I think back to a morning at

Computer Club when, as Digital, Culture, Media and Sport Secretary, he visited and showed much interest in our activity – see the picture (no prizes for guessing which is Mr Hancock).



Lunch Club continues to explore the culinary possibilities of the area. It's true that you can't please all of the people all of the time. But on the whole almost everyone speaks well of the lunches, and the company is always warm and friendly.



I have already written about the film section above and am inserting a scene from our latest film. Can you spot Penelope Wilton and Tom Courtenay?

For your diary:

Thursday 8th November at St Vincent's Close Community Centre, 12 noon: Film 'Their Finest'. A 1940's themed film, also short film of remembrance songs and music. Buffet £5.

Tuesday 11th December, 12 for 12.30pm: Christmas Lunch at Girton Golf Club.

Wednesday 19th December, 12 for 12.30pm: At the Pavilion Girton, Christmas Party and Panto 'Dick Whittington'.

For more details contact: Club 55 on Tel: 01223 564808.

Graham Jones

Educational Grants 2018/2019

Applications for an Educational Grant are invited from young people over 18 leaving secondary education and moving on to higher education and some training schemes or NVQ qualifications Level 4 and above.

The Grant covers books, equipment, tools or other direct costs relevant to the course and is a maximum of £275* per year for up to four years.

Payment date for grant applications received will be December 2018.

Applicants must have lived in Girton for a minimum of two years immediately before leaving secondary education.

Contact the GTC office for an application form.
22 High Street, Girton, Cambridge CB3 0PU.
Open 10.00am – 1.00pm Tuesday-Thursday.

Tel 01223 276008
email gtc@girtontowncharity.co.uk

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* Terms and conditions apply

The Town Charity exists for purposes which include the relief of need in Girton, either individually or collectively, or the support of any charitable purpose for the benefit of the inhabitants of Girton.

Enquiries on behalf of individuals or village organisations may be made in confidence and addressed to any of the Trustees below:

Dr Robin Hiley (Chairman) 1 Fairway Girton CB3 0QF t:277296
Ann Bonnett (Vice Chair) 41 Church Lane Girton CB3 0JW t:276354
Marc Bermann Huntingfields Huntingdon Rd Girton CB3 0LH t: 277319
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Jenny Knights 47 Fairway Girton CB3 0QF t:276405
Brian Pycock 49 Cambridge Road Girton CB3 0PN t:565247
Patsy Smith 27 Woody Green Girton CB3 0PG t:575288

or the GTC office:

22 High Street, Girton, Cambridge CB3 0PU.
Open 10.00am – 1.00pm Tuesday-Thursday.

01223 276008
email gtc@girtontowncharity.co.uk
www.girtontowncharity.co.uk

Problem? Need advice?

We give free, confidential, impartial and independent advice and help on a wide range of issues.

Come and see our friendly staff at the Girton drop-in service at St Vincent's Close Community Centre on **Wednesday between 1-4pm.**

Girton
TownCharity

Service funded by the Girton Town Charity

Cambridge & District CAB is a registered charity no. 1056102, authorised and regulated by the Financial Conduct Authority FRN 617537.

Girton Neighbourhood Watch

WANT TO MAKE A DIFFERENCE?



Why not become a Neighbourhood Watch coordinator?

Members work together, alongside the police, sharing concerns and observations, reducing crime and fear of crime and looking out for each other.

For emergencies dial 999
For non-emergencies dial 101

Girton Neighbourhood Watch Committee

Chair: Val Godby
v.godby897@btinternet.com • (01223) 276372
Vice-Chair: Geoff Varley
geoff.varley3522@btinternet.com • (01223) 276772
Secretary: Margaret Wheatley
wheatleymargaret606@yahoo.co.uk • (01223) 527093



For next meeting see GPN calendar
All Welcome!



Remember, Remember

I feel dismayed about loss of memories. No, not personal forgetfulness, but rather by the troubling thought that our youngest generation may later in life realise that there is a serious shortage of memories in store. Pass through any Mediterranean village and you will see the elderly residents sitting together under the shade of a tree. What is the topic of animated conversation? The world today in comparison with the world of childhood memories. With more life behind than life ahead, old friends regenerate purpose and zest by digging deep into shared experiences and putting things into perspective.

Nowadays our children walk with eyes focussed on a small rectangle, arriving home to view a larger rectangle, pressing keyboards, checking scores, upgrading games. They sit in groups, but in silent concentration. A mother on a bus journey will ignore the fretful toddler desperately seeking attention and continue unabashed to interact with digital unrealities. Do you remember when infants were conducted in prams facing the parent who supplied a lively commentary on the world around?

Do you recall playing outdoors all day in summer, calling home only when hungry? Were you lucky enough to enjoy picnics in bluebell woods, noisy fun visits to cousins, perhaps pond dipping for minnows or tadpoles, or discovering crabs in rock pools? Did you gather blackberries for homemade jam and pick apples from the tree you were allowed to climb and mark the seasons with the first new potatoes, early tomatoes and sweet summer strawberries? An empty garage became a theatre for improvised drama. You built dens, went on bike rides, treasure hunts and played hide and seek. Remember making mud cakes decorated with shells, petals and berries, collecting conkers and making snowmen in winter. These were active days full of adventure at the swing park, the fair, the football pitch, the maze of lanes.

Reminiscing on bygone days, a migrant to a more fragrant life in Ontario wonders,

*'Where are the kids that once played in the street
Wi' a jorrie, a peerie, a gird wi' a cleet?
Can they still cadge a hudge or dreep off a dyke,
Or play hunch-cuddy-hunch, kick the can and
the like?'*

Can you still recite the words of playground games, or the rules for rounders and non-stop cricket? Perhaps you have managed to keep in touch with some of the friends who shared your childhood adventures. A newly released film called 'Tag' features ten school friends

who still make a special effort to preserve old bonds. As they are now scattered across great distances, coping with the pressures of careers and families, it requires dedicated planning, subterfuge, disguise, much humour and bonhomie, but it is worth the effort.

We are each in fact a depository for dynastic memories, perhaps in a line of grace stretching back through generations, or are grafted into a lineage of faith. The chain links us to those who have gone before and to those still to come. Memories are held as learning experiences forming opinions and attitudes, some positive, some sad or even shameful.

In Psalm 103, King David is confronted by his relationship with a faithful, forgiving God.

'Praise the Lord O my soul and forget not all his benefits. He forgives all my sins.'

In Psalm 25, his plea is, *'Remember O Lord your great mercy and love, for they are from of old. Remember not the sins of my youth and my rebellious ways; according to your love remember me, for you are good O Lord.'*

God instituted festivals and feast days for the Israelites as markers in the year and sign-posts of remembrance of his care and mercies towards them. So too for us, the Communion feast and special days celebrate our continued relationship with God who has accompanied our days. He asks that we always *'remember Him – before the silver cord is severed or the golden bowl is broken'*. Remember your Creator (Eccl. 12).

Iris Niven

Appeal for Sleeping Bags for Jimmy's Night Shelter

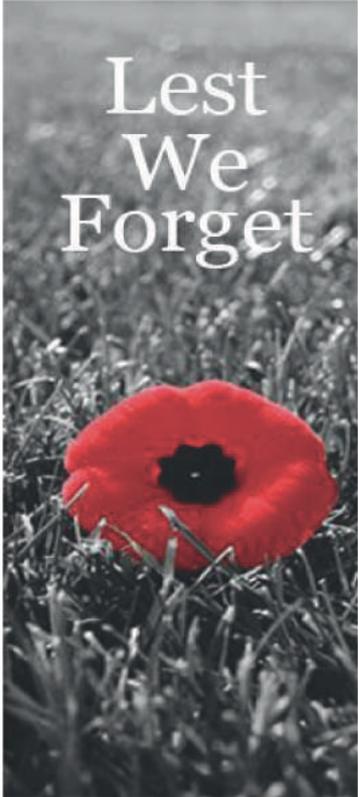
Jimmy's are asking for sleeping bags, blankets and rugs to hand out to their rough sleepers over the winter months. If you can help by donating any, that would be marvellous. Last year we were able to pass on 23 sleeping bags and countless blankets from Girton – let's see if we can do as well this year!

N.B. They can't take in pillows or duvets unfortunately, because of fire regulations.

Please contact me – I am happy to come and collect your donations from you. If you are interested in doing any volunteering I'll chat to you about who to speak to there.

Jenny Knights
01223 276405

jenny.knights@virginmedia.com

Lest
We
Forget

**Readings and Poems
commemorating the
centenary of the end of
World War One.**

**Saturday 10th November,
St Andrew's Church, Girton,
4.00pm.**

**Light refreshments.
Silver collection for
RBL Poppy Appeal.**

www.girtonbaptistchurch.co.uk
103 Hight Street Girton CB3 0QQ



November - Thursday 8
The Lost Son

Friends Food

Doors open at 3.30pm



Girton Baptist Church
Growing Believing Communities

**coffee
morning**

join us for a
coffee and a biscuit
every thursday 10.00 - 12.00

**For Hire: North Room
adjoining St Andrew's**

What is available?

A modern centrally heated room linked to the rear of the church. Ideal for meetings of up to 12 with tea/coffee making facilities, toilet facilities and adjacent car parking at the Recreation Ground.

The charges: £10 per hour.

Contact details: Bookings via the Rector
on 01223 276235.

Tuesday Afternoon Friendship Group

Come and join us at 2:15pm on
6th November – Rev Nick Lowe
Visit to Israel
20th November – Iris Niven
Advent preparation (DVD)

For more information or to arrange a lift please call

Christine Kimmitt - 01223 575881 or Chris Whitby - 01223 276044

Girton Baptist Church





St Andrew's Church

Rector: The Revd Dr Mandy Maxwell
 The Rectory, 42 Church Lane, Girton CB3 0JP
 Tel: 276235
 Email: girtonstandrews@gmail.com
 Website: www.girton.church

Associate Priest: The Revd Christine Barrow
 Tel: 575089
 Email: mbarrow@me.com

Curate: The Revd Diana Johnson
 Tel: 07377 866567
 Email: diana.johnson@cantab.net

Licensed Lay Ministers:
 Mr Dugald Wilson Tel: 276940
 Mrs Christina Deacon Tel: 525337

Churchwardens:
 Mr Bruce and Mrs Wendy Hunter
 Tel: 503958

Sunday Services: November

4th 10.00am Holy Communion
 4.00pm All Souls Service
 7.00pm Taizé Worship

10th (Saturday)
 6.00pm Vigil Service to mark the end of the First World War

11th 8.00am BCP Holy Communion
 10.50am Meet at War Memorial for Remembrance, followed by Remembrance Service in Church
 11.00am

18th 8.00am BCP Holy Communion
 10.00am Holy Communion
 6.00pm Evensong

25th 8.00am BCP Holy Communion
 10.00am All Age Service

Weekday Services: November

Tuesday
13th 2.30pm Holy Communion at Abbeyfield Girton Green

Thursday
29th 11.00am Service of Holy Communion (BCP) at Gretton Court

All are welcome to any of our services.

Girton Baptist Church



Minister: Revd Nick Lowe
 219 Wellbrook Way, Girton CB3 0GL
 Tel: 279289

Secretary: Mrs Virginia Rootham-Smith
 Tel: 926807

Website: www.girtonbaptistchurch.org.uk

Sunday Services: November

We welcome families with children of whatever age. Classes with interactive activities are available for children each week during the morning service. Tea and coffee are served after the service.

All services are led by Revd Nick Lowe, unless otherwise stated.

4th 10.30am Morning Worship
 6.30pm Evening Worship with Communion

11th 10.30am Morning Worship

18th 10.30am Morning Worship with Communion
 6.30pm Evening Worship led by John Searle

25th 10.30am Morning Worship
 6.30pm Evening Worship led by Christine Kimmitt

St Andrew's Notices

Sunday 4th November at 4pm

St Andrew's is holding a service to remember those who have died. People are invited to light a candle in memory of their loved one while their names are read out. All are welcome to this service.

Saturday 10th November at 6pm and Sunday 11th November at 10.50am

This year marks 100 years since the end of the First World War. St Andrew's is holding a Vigil Service on Saturday 10th November at 6pm. The usual commemoration around the war memorial will be held from 10.50am on the 11th November, followed by a service in church. This year, the service in church takes a modified form, as part of the liturgy centres around a dialogue between an English and a German soldier. All are welcome to these events.

If you would like to discuss any Parish Council issues, please contact the following:

Chairman

Haydn Williams, 40 Church Lane, Tel: 474667
chairman@girton-cambs.org.uk

Vice-Chairman

Andy Griffin, 1 Churchfield Court,
Tel: 07956 447674

Councillors

Jane Buckler, 28 Girton Road, Tel: 277636
Gill Cockley, 73 Cambridge Road, Tel: 276703
Julie Dashwood, 36 High Street, Tel: 276590
Douglas de Lacey, 9 Woodlands Park, Tel: 565219
Val Godby, 38 Woodlands Park, Tel: 276372
Roger Hickford, Manor Farm, Manor Farm Road,
Tel: 07985 770082
Anne Kettle, 11 Redgate Road, Tel: 277505
John Thorrold, 53 Cambridge Road, Tel: 276760
Lyndsay Williams, 51 Weavers Field,
Tel: 07970 101578

Formal correspondence to the Council should be addressed to the Clerk.

District Councillors

Tom Bygott, Tel: 232966
cllr.bygott@scambs.gov.uk
Douglas de Lacey, Tel: 565219
scdc@de-lacey.org

County Councillor

Lynda Harford, Tel: 01954 251775/07889 131022
lyndaharford@icloud.com

Parish Clerk and Acting Finance Officer

Susie Cumming, Tel: 472181
clerk@girton-cambs.org.uk

Recreation Centre Bookings Administrator

Linda Miller, Tel: 472182
admin@girton-cambs.org.uk

Website: www.girton-cambs.org.uk/council.html

Postal address: Girton Parish Council
The Pavilion, Girton Recreation Ground,
Cambridge Road, Girton, Cambridge, CB3 0FH

Rubbish Collection – November

Thursday 1st November	Black bin
Thursday 8th November	Blue and Green bins
Thursday 15th November	Black bin
Thursday 22nd November	Blue and Green bins
Thursday 29th November	Black bin



Eddie's is an award-winning charity based in Cambridge. We work across Cambridgeshire to provide lifelong opportunities for people, of all ages, with learning disabilities to create the lifestyle they choose and to be equal and active members of the community.

Everything we do is about valuing and supporting people with a learning disability, and their families and carers. Our vision is a world where people with a learning disability are valued equally, listened to and included. We want everyone to have the opportunity to achieve the things they want out of life.

Volunteers are vital to us. Without them we couldn't deliver our services. Especially our young people's befriending scheme and family support service. Befriending involves volunteers being matched with a young adult and seeing each other every few weeks. In our Family Support Service volunteers are paired with a family and while the volunteer spends time with the child the parents can rest or spend time with their other children. Both services are incredibly flexible, and it is up to the volunteers and match to decide when suits them, and what they want to do. It could be going for a walk, watching a film, heading to the supermarket or just having a cup of tea together.

We also have other volunteering opportunities in our Artworks service, theatre workshops and gardening projects. If anyone would like to find out more about our volunteering opportunities please contact volunteer@eddies.org.uk or visit our website www.eddies.org.uk.

Mobile Library

Thursday 22nd November

Thornton Court	09.40 – 10.00
Abbeyfield	10.05 – 10.50
St Vincent's Close	10.55 – 11.30
Orchard Close	11.35 – 12.00
Gretton Court	12.05 – 12.40
Churchfield Court	12.45 – 13.15

Contact numbers for bookings

Cotton Hall	07759 983420
Orchard Close	277164
Pavilion	472182
St Vincent's Close	276447

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Girton based

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gruffsdogs@gmail.com

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www.abmschoolofdance.co.uk


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Or email jeremy@mirrorimageltd.co.uk

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Wednesdays - Girton Rec

9:15 - 10:15 am (Term time only)

First session free, then £5 per class
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personal training, contact Lisa:

l1mbootcamp@gmail.com

07743896150

facebook: /missfitpersonaltrainer



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"My host was very friendly and helpful. I was treated like a real family member." CAE student



Nursery & Forest School

Sallywags Nursery & Forest School provides care for children aged 3 months to 5 years, Monday to Friday from 7.30am - 6pm.

Forest School sessions run every day for our pre-school children and are led by our own qualified Forest School Leaders.

Every day come rain or shine outdoor activities take place for all ages of children in our care.

If you would like to know more about Sallywags or would like to arrange a visit please contact us on 01223 232400 or enquiries@sallywagsdaynursery.com or go to www.sallywagsdaynursery.com



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